

UPPER MIDWEST ENDURANCE AND COMPETITIVE RIDES ASSOCIATION



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*“Success is a state of mind. If
you want success, start
thinking of yourself as a
success.*

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PPID/ Cushings and Insulin Resistant/EMS by Wesley G. Elford, DVM

This paper is being written because the distance community is very caring about the horses in the sport. I vetted a mock ride this spring because it is important to introduce more people to our sport and I can contribute to that in a particularly significant way. Veterinary Medicine plays a large role in the discipline of distance ridingwhich also includes driving, which from here on out will be an understood part of the discipline.

The DRAW Mock Ride Clinic was the same weekend as MnDRA 1 and because my horse has been afflicted by 2 maladies and has been rendered so unsound as to be now a “pasture ornament”, I was unable to attend as I had the last couple of years. It’s a good ride to start the season: nice, easy trail, flat and soft footing, good food, good vets, nice camping, good RMs and nice people all around, and I must mention again good food.

Suzie Q, my horse is, by an educated guess, is a 2000 model....and I have registered her as 25 this year. She has PPID or Cushings and she has EMS or Equine Metabolic Syndrome/Insulin Resistance. The first thing I noticed about her was that her stall was very wet in the morning. We used a lot of bedding. Then the next year she didn’t shed out very well, so I tested her for

ACTH (Adrenal Corticotropic Hormone). It was above normal so I started treating with 1 milligram of Pergolide each day. She shed out much better.

This was about 2019. She was about 17-18 years old. We had just come off 2-3 years of really good years of competition and she was in good shape. There were no fatty deposits on her body so I never suspected EMS and she was worked hard enough that she never got above a 4 on Body Condition score. I did notice that she started to really react to bug bites when we went to Grand Island ride. With all the bugs there she really flared up. This is one of the clinical manifestations of PPID: an out of control immune system. This continues to this day.

To make a long story short; a perfect storm was brewing in the next few years of her life.

Spring of 2024 was very wet. First crop hay here in SE Wisconsin didn’t get made until almost July. It was very stemmy and coarse. I had enough hay from 2023 to carry me through till 2nd crop of 2024 was to be made. I figured I could just feed less of that richer hay and make it work. So when second crop came around, I filled my barn with it and used it to feed while we finished up the 2024 season of competition. I was driving at this time and working Suzie Q for my pleasure and to keep her conditioned. It was far less than she had been worked in the past 7-8 years. My season ended October 26 at Big River.

Unbeknownst to me Suzie Q was becoming an IR affected horse. Further research has taught me that hormones released by the lesion on the Pituitary of the brain of a horse that has Cushings (or PPID) can cause the tissues of that horse to become insulin resistant...meaning that the tissues of the horse (muscle, Liver, etc.) lose their ability to respond to the influence of insulin and remove glucose from the circulating blood and use it for fat stores and energy. Therefore, blood

glucose levels rise because the glucose is not taken out of the blood stream. The rise in blood glucose then stimulates more insulin to be secreted from the pancreas, raising the levels of insulin circulating throughout to body of the horse.

(1) I had quit working my horse because season was over. (2) All I had was high quality rich 2nd crop hay. (3) The hormones of a growing tumor on her brain decreased the sensitivity of her body tissues to the activity of insulin in her body that decreased the level of sugar in her blood that stimulates the pancreas to produce more insulin. I was feeding a lot of sugar in the hay even in the reduced amount of hay I fed. I was not working her to use up the blood glucose with exercise. A higher than normal level of pituitary hormones secreted into her blood stream decreased the sensitivity of her body tissues to the effects of insulin so that the blood glucose wasn't reduced. Therefore, the pancreas was stimulated to release more insulin into the blood stream.

The worst thing is, for reasons unknown to veterinary medicine of today, Insulin is toxic to the feet of horses and high levels causes them to get laminitis: or inflammation of the lamellae which are the inter-digitating structures that connect the hoof wall to the dorsal surface of the third phalanx(P3). Under this inflammation the structure of the lamellae break down and P3 then rotates due to physical forces of the flexor tendon in the foot pulling the tip of P3 down.

A PERFECT STORM!!!!!!

On December 28th I pulled shoes and Suzie became excruciatingly lame. She rotated P3 9 degrees in one foot and 11 degrees in the other front foot.

My reason for communicating this to you is so it doesn't happen to you. In vetting the DRAW Mock ride I was struck by the number of horses that were there being treated for PPID or EMS and also the number of people in attendance that had experiences with these diseases.

I suggest that you all do some simple blood tests on your horse every year to get a heads up. Especially if you horse shows any clinical signs of PPID or EMS: certainly if your horse is EMS /Insulin Resistant or has PPID/ Cushings. Even if your horse is being treated for Cushings at present, you need to be sure it isn't getting worse

each year. Blood tests every 6 months would be better. Test for ACTH and Insulin.

It is hard treating your horse for these diseases...expensive as can be and labor intensive. I have had to squirt pergolide into my horse's mouth every evening with a syringe because the medicine tastes so bad. Treating the EMS horse can be just as hard. They can't eat like a regular horse. Hay has to be washed from its sugar content, beet pulp has to be fed for calories, and you can't turn them out on pasture without a grazing muzzle on. I have understandably euthanized many horses with these afflictions for my clients. They are, however, the older ones that have been around to give their all for many years.

THERE ARE NO SILVER BULLETS FOR THESE DISEASES. By treating the PPID causing tumor on the Pituitary we can contribute to the control of Insulin levels; by adjusting the horse's diet we can lower the stimulation of the pancreas to lower insulin secretion. There is no cure. These horses must be treated the rest of their lives. They can, however, be used in their respective disciplines and enjoy their remaining lives.

Do you have old newsletters?

Do you have a box, drawer, 3-ring binder with old UMECRA newsletters? I'm in search of old newsletters, 2003 and earlier. If you have some, please contact:

Theresa Meyer thmeyer753@gmail.com

The Rule Box - 2025 Ride Season!!

Let's look at timing for riders to make corrections to any ride results!

General Rules

4. Rider Requirements

M. The UMECRA website: www.umecra.com, shall serve as the official process of notification of ride results and point standings. Ride results and points printed therein become official 30

days after the publication date to the website (Publication dates will be logged on the site.)

1. Riders are responsible for checking ride results and point standings for any potential errors in a timely manner and must report any suspected errors to the Points Keeper and Ride Manager within the 30 days of the publication date. Any discrepancies in the attempts by the Points Keeper, rider and/or the Ride Manager to resolve any suspected errors must be forwarded to the UMECRA Secretary. The UMECRA Secretary will inform the Executive Board of Directors of such discrepancies. The UMECRA Board of Directors will be responsible for the final resolution of these issues in a timely fashion. (2020) (2022)

2. The year-end final points and standings published on www.umecra.com will become official the day before Thanksgiving. Riders must check their year-end points, standings, and miles and report any discrepancies before this date. Please note that although the last ride results, final year-end points, standings and miles may be available on the website for less than 30 days, it is the responsibility of the riders to review and address any issues before the deadline. (2025)

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Ride Managers – remember - all ride payments should be mailed to the UMECRA Bookkeeper:
 Jessica Sonnek
 1991 County 9
 Houston, MN 55973
 Email: jess.sonnek@gmail.com
 Call: 608.780.3477

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Time to Plan Your 2025 Ride Season!

Go to UMECRA.com for full ride details

Date	Ride Name / Location
5/24 – 5/25	Grand Island Ride / Rapid River, MI
5/31 – 6/1	Maplewood West / Pelican Rapids, MN
6/7 – 6/8	DRAWs Kettles N' Bits / Campbellsport, WI
6/7 – 6/8	White River Summer / Hesperia, MI
6/14 – 6/15	Kankakee River Ride / Bourbonnais, IL
6/14 – 6/15	Southeast Minnesota / Preston, MN

6/21 – 6/22	Grand Island North / Munising, MN
6/28 – 6/29	Firecracker Fling / Avoca, WI
7/12 – 7/13	Hopkins Creek Ride / Fife Lake, MI
7/12 – 7/13	Mosquito Run / Rogers, MN
7/25 – 7/27	Bonecrusher Ride / Palmyra, WI
7/27 – 8/2	Shore to Shore Distance Ride / Hale, MI
8/8 – 8/10	Louise Riedel Memorial / Arkdale, WI
8/15 – 8/16	Detroit Horse Power Benefit Ride / Milford, MI
8/16 – 8/17	Bearfoot Boogie / Hinkley, MN
8/23 – 8/24	AHDRA's Field of Dreams Dash / Farmington, IA
8/23 – 8/24	DRAW's Prairie River Ride / Gleason, WI
8/30 – 9/1	White River Labor Day Pioneer Ride / Hesperia, MI
9/6 – 9/7	Charity Cup / Pillager, MN
9/6 – 9/7	Keweenaw Ride / Gwin, MN
9/12 – 9/13	DRAW's Colorama Classic / New Prospect, WI
10/4 – 10/5	Huntersville Hundred / Menahga, MN
10/4 – 10/5	Rock River Charity Ride / Chandlerville, IL
10/11 – 10/12	Iron Oak / Arkdale, WI
10/11 – 10/12	Oak Leaf Run / Hamilton, MI
10/17 – 10/18	Point Chaser / Theilman, MN
10/25 – 10/26	AHDRA – Big River / Keithsburg, IL
Monday, 11/3/25 - End of UMECRA Season	

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SAVE THE DATE FOR UMECRA 2026 CONVENTION!

January 16-18, 2026

Express Suites Riverport- Conference and Event Center
 900 Bruski Dr, Winona, MN 55987



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Clinics!

Are you planning a clinic? Let us know (email me at peggy@pasillas.net) and we'll get it in the newsletter!

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Ride Results

Make sure to confirm your placings on UMECRA.com for each ride and for points standings. Corrections are required to be made within 30 days of the results being posted on UMECRA.com. Reach out to the Ride Manager and the Points Keeper for any corrections.

Panther Creek - 3/29/25 - 50 End HW			
Gunnar	Frank	WHR Blue Ridge	1
Caden	Kinney	Aurora	1
Ellen	Hensley	Amira Bint Jahbon	3
Shawn	McCarthy	DG Finnegin Zamar	4
Gerald	Cummings	Dakila Espress	5
Panther Creek - 3/29/25 - 50 End Jr			
Dilynn	Vaughan	Valkyrie	1
Panther Creek - 3/29/25 - 50 End LW			
Kaila	Cornell	Romeo	1
Elisa	Daniel	Psyches Shining Light	2
April	Farrell	Kharolina Wynd	2
Todd	Hezeau	TH Wynds of Fortune	4
Diane	Meinders	Lumiere WW	5
Alanna	Frank	El Volution	6
Kerry	Lowrey	Takoda	C
Joni	Buttram-Burden	RS Lady Empress3	C
Sophia	Donovan	Jets Spectacularpearl	C
Anne	Liddell	Amarilla Gold	C
Lacey	Kanitz	Starfire	C
Stephanie	Knaebel	Michi	C
Panther Creek - 3/29/25 - 25 LD HW			
Crystal	Esqueda	Berry Truly My Deco	1
Panther Creek - 3/29/25 - 25 LD LW			
Laura	Hudson	Redemption CA+	1
Pamela	Garrison	DG ZAYN SHAQUIN	2
Annetta	Tinsman	Dobby Aladd	3
Jim	Christakos	TA Khalipso	4
Rebekah	Albertson	Heaven's Gift RN	5
Barb	Kurti	Ayman Al Shaqab	6
Julia	Foster-Hess	Dumas	C
Hope	Finan	Annie	C
Alexis	Jones	T-rex	C
Lisa	Aga	Noble Emotions CRF (Joseph)	C
Linda	Helmer	Nasmat Balqis	C
Tina	Snodgrass	Patricia	C
Melissa	Martinez	Hershey	C
Sarah	Sanders	DG Razz-Ma-Tazz	C
Elena	Aragon	Cadys Roll in the Thunder	C
Kelley	Trierweiler	Arcenciel Moftakharra	P

Panther Creek - 3/30/25 - 50 End HW			
Gunnar	Frank	Trinity	1
Panther Creek - 3/30/25 - 50 End LW			
Diane	Meinders	Yo Dusty	1
Todd	Hezeau	QR Kenya	2
Joni	Buttram-Burden	Glorys Sweet Memory 3	3
Anne	Liddell	KMA Lazarus	4
Alanna	Frank	Mi Clever Ansata	5
Panther Creek - 3/30/25 - 25 LD HW			
Gerald	Cummings	Dakila Espress	1
Panther Creek - 3/30/25 - 25 LD LW			
Laura	Hudson	Redemption CA+	1
Pamela	Garrison	DB A Bayberry	2
Sarah	Loftin		3

Early Bird Ride - 4/12/25 - 50 End HW			
Soraya	Saatchi	Fadjuraba	1
Gerald	Cummings	Dakila Espress	2
Sarah	Carlson	Hope	3
Kellie	Moore-Fryman	In God We Trust	4
Deb	Searle	Sultann Sundance	P
Sheryl	O'Brien	Wild River Sundancer	P
Veralyn	Capps	Thymes Rolex	P
Early Bird Ride - 4/12/25 - 50 End LW			
Jodi	Johannessen	SC Izzabella	1
Diane	Meinders	Lumiere WW	2
Ellen	Hensley	Amira Bint Jahbon	3
Annie	Whelan	Moliero	4
Pamela	Garrison	DG ZAYN SHAQUIN	5
Helen	Lynn	QMR Kammy Zell	6
Sheila	Schneider	Rushcreek Giggles	C
Carrie	Taft	Vermouth J	C
Maria	Enge	Faustos Flame	C
Taylor	Neil-Bieringer	Firecreek Juell	P
Hillary	Marler	Wensleydale	P
Early Bird Ride - 4/12/25 - 25 LD HW			
Becky	Jones	Rockets Foxy Roxy	1
Diane	Maxey	Al-Marah Fox Romeo	2
Joshua	Mowrer	Kulta	3
Melissa	Shepard	The Wiccan	4
Crystal	Esqueda	Berry Truly My Deco	5
Hilary	Tuttle	Rotti	6
Ann	DeLang	My My My My My Boogies Shoes	C
Anna	Waddell	Sweet Annie	C
Emily	Schupp	RedAxel	C
Donna	Hanford	Dakota's Mountain Macy	C
Terri	Glidden	Graycee	C
Sara	Waddell	Elvis	C
Bruce	Moffitt	Eli	C
Leah	Palestrant	SAA Good As Gold	C
Scott	Thomas	Sik'em	C
Monicka	Remboldt	Teddy	C
Brooke	Moeller	Aurora's Magical Luv	C
Early Bird Ride - 4/12/25 - 25 LD Jr			
Sabrina	Shepard	Look A Medicine Hat	1
Grace	Rathmann	Bippity Boppoty Boo	2

Early Bird Ride - 4/12/25 - 25 LD LW			
Amy	Kerrigan	Sultaanas Mudir	1
Barb	Kurti	Ayman Al Shaqab	2
Julia	Foster-Hess	Lazy Lil Rowdy	3
Elena	Aragon	Cadys Roll in the Thunder	4
Lisa	Aga	This Little Light Of Mine	5
Caroline	Loos	Interstellar	6
Paula	Goodhew	Massimo ITSB	C
Sabrina	Hodges	Rush	C
Zuzana	Newman	Quintessa	C
Debby	Weisbecker	Chocolate Martini	C
Ulrike	McGovern	Perfect Cyte ETC	C
Galyna	Kurganska	Paris Sky	C
Wendy	Cooper	Stardust Serenade TM	C
Tammi	Thomas	Hope to Boggie	C
Kristine	Jubeck	Silver	C
Jennifer	Plummer	PA Bravos Relentless	P
Early Bird Ride - 4/12/25 - 12 Novice			
Jessica	Hasemann	Winter	1
Ashley	Stivers	Joey	1
Lucy	Stivers	Hank	3
Veronica	Miller		4
Kimberly	Hall	Falki	5
JoLynn	Marcum	Angel	6
June	Leezer		C
Connie	Stark	Bcreek Smart Mccoy	C
Beth	Dunlap	Cookie	C
Kaylie	Hulsey	Rsecret Dun SoPretty	MO
Early Bird Ride - 4/13/25 - 25 Comp HW			
Sarah	Mowrer	A Time To Shine	1
Early Bird Ride - 4/13/25 - 25 Comp LW			
Victoria	Robison	La Grange RTA	1
Early Bird Ride - 4/13/25 - 50 End HW			
Guy	Worthington	JG Randie	1
Becky	Jones	Rockets Foxy Roxy	2
Sheryl	O'Brien	LC Ernani	3
Early Bird Ride - 4/13/25 - 50 End LW			
Diane	Meinders	Yo Dusty	1
Shannon	Loomis	Eastwest Ashleah	2
Morgan	Loomis	Coco Charlie	2
Cindy	LaRoy Young	KC Lucks Lil Buck	4
Sabrina	Hodges	Krown MajusDee	4
Hillary	Marler	H WineGlass Sangria	6
Maria	Enge	CRF Lady Supreme	C
Amy	Kerrigan	Sultaanas Mudir	C
Helen	Lynn		C
Early Bird Ride - 4/13/25 - 25 LD HW			
Diane	Maxey	Al-Marah Fox Romeo	1
Hilary	Tuttle	Rush	2
Crystal	Esqueda	Lopin in Diamonds	3
Emily	Schupp	RedAxel	4
Robert	Strickland	Cyber	5

Early Bird Ride - 4/13/25 - 25 LD Jr			
Grace	Rathmann	Bippity Boppoty Boo	1
Early Bird Ride - 4/13/25 - 25 LD LW			
Taylor	Neil-Bieringer	Eleanor Ambrosia B	1
Lisa	Aga	This Little Light Of Mine	2
Theresa	Strickland	Nashtt Nasheet	3
Wendy	Cooper	Gem	4
Julia	Foster-Hess	Lazy Lil Rowdy	P
Early Bird Ride - 4/13/25 - 13 Novice			
Sam	Dreyer	Ace	1
Jessica	Hasemann	Winter	2
Ally	Staub		3
Connie Jo	Stark	Chex My Tan Lines	4
JoLynn	Marcum	Angel	5
Donna	Hanford	Dakota's Mountain Macy	MO

Tally Ho - 10 Novice			
Veronica	Miller	Misguided Adventure	1
Jonnie	Walker	KP	2
Liz	Heitshusen	Cece	2
Laura	Colbert	Knox	4
Jenna	Harvey	Walle	4
Cecilia	Dirks	Whizbang	6
Shelby	Costanzo	Rusty Chris-te	6
Abby	Temple	Flicka	C
June	Leezer	Murph	C
Kacey	Temple	Shmily	C
Izzy	Wadsley	Squirrel	C
Katie	Hall	Irish Gypsy Doc	C
Josi	Demoss	Mocha	C
Lynn	Geoffroy	Kaboom	C
Maida	Prickett	Joe	C
Teresa	Burger	Arabella Smooshieponi	C
Shannon	Reinbacher	Gemmene Kreweket	C
Mike	Cervantes	Marshall	C
Quinn	Temple	Pixie	C
Keri	Hornbuckle	Pink	C
Kelly	Glosser	Merlot	C
Nicole	O'Dell-Horie	Dixie	C
Dawn	Foster	Dealing Diamonds	C
Leslie	Glosser	PVA Hot Love	C
Tally Ho - 10 Novice			
Lucy	Stafford	H WineGlass Sangria	MO
Kaylie	Hulsey	Rsecret Dun SoPretty	MO
Elizabeth	Frieders	Hotsprings Fandango	MO
Lori	Windows	Cajun	MO
Katarina	Candee	Ace	MO
Alana	McNutt	Ole	MO
Amber	Davis	Whiskey Girl	MO
Emily	Schupp	RedAxel	MO
Sheila	Schneider	Gypsy B Miss Behavin	MO
Brooke	Moeller	Aurora's Magical Luv	MO
Christy	Deaton	Fabio	P
Cale	Danielson	Emma	P
Adella	Prickett	Britches	P

MnDRA1 - 5/3/25 - 25 Comp HW			
Rachel	Temp	Triumphant Echo	1
Sarah	Carlson	HTLB Stormy	P
MnDRA1 - 5/3/25 - 25 Comp Jr			
Audrey	Thorp	Nightmare Blues	1
MnDRA1 - 5/3/25 - 25 Comp LW			
Jessica	Sonnek	Jazmine	1
Jane	Malischke	Bourbon	2
Kathryn	Vadnais	Fabulous Jasper	3
Katie	Vogl	Nobel Effects	4
Peggy	Pasillas	Remy	5
Erica	Chopskie	Mothersday SA	P
MnDRA1 - 5/3/25 - 50 End HW			
Sheryl	O'Brien	LC Ernani	1
Crystal	Esqueda	Berry Truly My Deco	2
Dana	Gasner	Whispering Echo	3
Jennifer	Frerichs-Ramon	Halley's Comet	P
MnDRA1 - 5/3/25 - 50 End Jr			
Grace	Carter	Bataania KSR	1
MnDRA1 - 5/3/25 - 50 End LW			
Maria	Enge	Eleanor Ambrosia B	1
Nola	Westphal	Greta	2
Karla	Ovsak	Dobella NPA	3
Colleen	Morgan	Batman SH	4
Amy	Ellingson	LS Adora	5
Emma	Christopherson	Integritys Deluxx	P
MnDRA1 - 5/3/25 - 25 LD HW			
Jim	Carter	Mister Jack Daniels	1
Melissa	Ashbaugh	Victorious Luck	2
MnDRA1 - 5/3/25 - 25 LD Jr			
Nora	Bieringer	June	1
MnDRA1 - 5/3/25 - 25 LD LW			
Theresa	Meyer	Sirius Encore	1
Kasey	Corcoran	Kopenhagen MCF	2
Annika	Greaney-Stanger	Tizso Majestic	3
Bobbi	Belz	Spiderman	4
Kaitlyn	Fedewa	One Busy Bandit	5
Taylor	Neil-Bieringer	Firecreek Juell	6
Paula	Goligowski	Good Thunder	C
Jacki	Devine	Dreaming In The Dark	C
Jessi	Lipponen	Strawberree Wyne GA	C
Debra	Schroeder	McGuire's Carbonite	C
Ruby	Thorp	Jupiter	C
Chip	Jack	Brunello NA	C
Teresa	Fett	Ice Falcon LRA	P

MnDRA1 - 5/3/25 - 12 Novice			
Amber	Dargis	Troubles in the Heir	1
Kristin	Naruko	Ember	2
Zoe	Hutchins	Shortcake	3
Jenn	Anderson	Sherman	4
Anne	Senger	Diamond	5
Breala	Neuenschwander	Nakoma	C
Kelsey	Smith	Piper	C
Shelby	Eblen	Jet	C
Jessi	Lipponen	Mystic Dynasty PF	MO
Sarah	Maass	Gideon	MO
Joey	Gaffaney	HJ Nikeshah	MO
Janette	Sasena	Hannah Rose	P
Marian	Newland	Mindevia	P
Alanna	Newland	Lacy	P
MnDRA1 - 5/4/25 - 25 Comp LW			
Victoria	Robison	La Grange RTA	1
Michele	Bjork	AM Suwanee Adriana	2
Laura	Geissler	Miss Emery County	3
MnDRA1 - 5/4/25 -12 Drive			
Grace	Ferries	Cal	1
MnDRA1 - 5/4/25 -25 LD HW			
Jim	Carter	Mister Jack Daniels	1
Melissa	Ashbaugh	Victorious Luck	2
Crystal	Esqueda	Lopin in Diamonds	3
Trista	Cleaveland	Hanna	4
Valerie	Temp	Peace Be Still	5
Dennis	Fett	Red	6
MnDRA1 - 5/4/25 -25 LD Jr			
Grace	Carter	Burning Up Diesel	1

MnDRA1 - 5/4/25 -25 LD LW			
Shelly	Carroll	VO Shakil	1
Jason	Nicol	Nasmat Basim	2
Teresa	Fett	CR Mistiraaz	3
Taylor	Neil-Bieringer	Firecreek Juell	4
Neisha	Emerson	WMA Super Sport	5
Jessi	Lipponen	Mystic Dynasty PF	6
Sandra	Fett	Bella	C
Karla	Ovsak	Ace	C
Sarah	Maass	Holy Mozart	C
Emma	Christopherson	Tumbleweed	C
MnDRA1 - 5/4/25 -12 Novice			
Amber	Dargis	Troubles in the Heir	1
Melissa	Leistikow	Ember	1
Morgan	Teeter	Benny	1
Kelly	Filer	Cisco	4
Jeanie	Marshall	Blossom	5
Kadie	Olivier	Prince	6
Kelsey	Smith	Piper	C
Martina	Campbell	Dreamer	C
Josephine	Kell	Axel Frederic	C
Maria	Enge	CRF Lady Supreme	MO
Jennifer	Frerichs-Ramon	Lads Switch Blade	MO
Jill	Farrell	Diesel	MO
Monica	Sampson	Derpy	MO
Marian	Newland	Mindevia	P

White River Spring - 5/3/25 - 25 Comp HW			
Jaime	Ritsema	Dancer	1
White River Spring - 5/3/25 - 25 Comp LW			
Dawn	Bouwkamp	Bailey	1
Aurora	Walsh	Win D Prado	2
White River Spring - 5/3/25 - 50 End HW			
Stephanie	Boomgaard	Arceus SS	1
Soraya	Saatchi	Fadjuraba	2
Kellie	Moore-Fryman	In God We Trust	3
White River Spring - 5/3/25 - 50 End LW			
Diane	Meinders	Lumiere WW	1
Helen	Lynn	Tugs Spring Fling	1
Annie	Whelan	Wallace Hill Sundance	3
Amy	Yatsko	Not Dew Yet	4
White River Spring - 5/3/25 - 30 LD HW			
Diane	Maxey	Al-Marah Fox Romeo	1
Chelsea	Talaski	LW Constant Sohn	2
Teresa	Mulherin	Bean	3
White River Spring - 5/3/25 - 30 LD Jr			
Nafiseh	Seraji-Bozorgzad	DD Whooz Nadirah	1
Eve	Bouma	Kulta	2

White River Spring - 5/3/25 - 30 LD LW			
Linda	Hamrick	Cash	1
Lisa	Germann	Ainia DCR	2
Jennifer	Shooshanian	Faro	3
Miranda Ann	Miller	Besos	4
Barb	Kurti	Ayman Al Shaqab	P
White River Spring - 5/3/25 - 15 Novice			
Ann	Bogan	Dun It	1
Kristen	Moody	Sapphire	2
Megan	Kramer	Crystal	3
Julie	Kradel	Tir Na nOg	4
Heather	Neal	Oscar On Duty	5
Poorna	Bhagat	Sassy Lady	6
Cameron	Lloyd	Crystal	C
White River Spring - 5/4/25 - 25 Comp HW			
Damaris M.	Smith	Joker's Wild Streak	1
White River Spring - 5/4/25 - 25 Comp LW			
Sara	Hall	WP Yippe Ki Yay	1
Jessica	Banner	Whiskey Ginger	2
White River Spring - 5/4/25 - 50 End LW			
Diane	Meinders	Yo Dusty	1
Helen	Lynn	Vazilla SV	2
White River Spring - 5/4/25 - 25 LD HW			
Lisa	Knapp	Toblerone	1
Don	Knapp	Drifter	2
Diane	Maxey	Al-Marah Fox Romeo	3
Soraya	Saatchi	Fadjuraba	4
White River Spring - 5/4/25 - 25 LD Jr			
Eve	Bouma	Kulta	1
Isabella	Moorhouse	LW Constant Sohn	2
Nafiseh	Seraji-Bozorgzad	DD Whooz Nadirah	3
Yoss	Afshan	Wish	4
White River Spring - 5/4/25 - 25 LD LW			
Ann	Bogan	Dun It	1
White River Spring - 5/4/25 - 15 Novice			
Kristen	Moody	Fable	1
Julie	Kradel	Duchess of Leelanau	2



UMECRA TRAIL GRANT REQUEST

Trail grants are provided to public trails only and are for an organization, not individuals.
Requests will be reviewed and voted on at each board meeting three times a year.

Send completed form to: Janet Sarver 5670 Foxboro Lane, Wyoming MN 55092 or email to Jsarver662@gmail.com.

Date: _____

UMECRA Member making request: _____

Phone #: _____ Email: _____

Amount of request (\$500 maximum): _____

Date money is needed: _____

Name required on check if grant is approved:

The name needs to be an organization name; not an individual name.

Address to send check:

Please explain the reason for request. Include:

- What the money will be designated for (be specific)? You can use back of form or submit more information if needed.
- How UMECRA will benefit from granting this request?
- How UMECRA will be recognized for this request ?

.....

For Office Use Only:

Date Rec'd _____
Check # _____
Amount \$ _____
DB entered? _____
QB Receipt# _____

UMECRA



**UPPER MIDWEST ENDURANCE AND
COMPETITIVE RIDE ASSOCIATION
MEMBERSHIP FORM**

Membership year: _____

Credit Card option available online at
www.payumecra.com/membership

SELECT ONE:

RENEWAL ☐ NEW MEMBERSHIP ☐

SELECT MEMBERSHIP TYPE:

Family \$45 ☐

Single \$35 ☐

Minor* \$10 ☐

*Under 18 as of Dec 1 (beginning of ride season)

SELECT MEDIA PREFERENCE:

Electronic Newsletter - \$0 ☐

Mailed Newsletter - \$10 ☐

Electronic Ride Book - \$0 ☐

Mailed Ride Book - \$10 ☐

Ride Book is available for free by downloading the PDF file at www.umecra.com on the Schedule page.

*Family memberships shall consist of one or more related, or coupled as significant other, adults, and/or children of such adults who are less than 18 years of age, all of whom reside in the same household. Please include all names of eligible family members below.

PLEASE PRINT CLEARLY and LEGIBLY!

AERC MEMBER NUMBER(s) (if applicable): _____

UMECRA MEMBERSHIP NUMBER(S): _____

Name(s): _____

Address: _____

City, State, Zip: _____

Phone number (s): _____

Email: _____

Do you have a new horse? To obtain a UMECRA number for your horse, or report a new AERC number please contact the pointskeeper (ajdavisaussies@gmail.com) and the webmaster (n.mauserstorer@outlook.com)

If you do NOT want your name and contact info in the membership book, check this box: ☐

Pay online at payumecra.com/membership OR mail completed form along with check made out to UMECRA to:

Jess Sonnek - Bookkeeper
1991 County 9
Houston, MN 55943

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UMECRA Newsletter
c/o Peggy Pasillas
9928 Rich Valley Blvd
Inver Grove Hgts, MN 55077
www.UMECRA.com

Deadline for Next Newsletter:
10th of each month
Send news to:
UMECRAnews@gmail.com



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