

2016 ENDURANCE AND COMPETITIVE TRAIL RIDING CLINIC



Come join us on **Saturday, March 19th** from **10:00 to 3:00** at the **Pasillas' arena, 9928 Rich Valley Blvd., Inver Grove Heights, MN 55077** for a presentation, open discussion, and interactive hands-on demonstrations. Includes lunch, snacks and beverages. Registration is \$15 before March 11th or \$20 at the door. Please don't bring your horse to this - bring a lawn chair and maybe a blanket to sit in instead. 😊

Topics include:

- What are Novice/Competitive Trail Rides, Limited Distance rides, and Endurance rides?
 - ~ Similarities and differences
- Tack requirements/recommendations
- Conditioning for both the horse and rider
- Feeding the distance athlete - horse and rider
- Registering for an event
 - ~ Coggins
 - ~ Registration papers
 - ~ Health certificate
 - ~ Memberships
- Take the mystery out of vet checks
 - ~ How to take your horse's pulse and respirations
 - ~ Learn how to trot your horse out for the vet
 - ~ Differences between comp, LD and endurance
- Horse camp rules (tying, pens, high ties)
- Trail etiquette
- Strategies for successful rides
- Panel discussion for Q&A (including vets & experienced riders)



For 1st time attendees – a complimentary one year membership to UMECRA is included (full membership with electronic newsletter) and you are eligible for year-end awards. Doesn't get much better than this folks!!!

At 3:30, there will be an additional 1.5 hr. session for people who are interested in moving to the longer distance rides (50+ miles). This session will focus specifically on what is needed to make the transition to longer distances - for both the horse and rider.

The clinic will be at an indoor arena but it's not heated so dress appropriately. Register by email with Peggy Pasillas at peggy@pasillas.net, by phone 651-353-7959, or send in the registration

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Mail to: Peggy Pasillas
9928 Rich Valley Blvd
Inver Grove Heights, MN 55077

Your name: _____
Other attendees' names: _____
Your address: Street, Apt #: _____
City, State, Zip: _____
Your email (please print clearly): _____
Your phone (preferably cell phone): _____

Number attending: _____
Cost per person if mailed before 3/11/15: \$15.00

Total: \$ _____

Make checks out to Peggy Pasillas
Checks will be held until the day of the clinic
Cost at the door is \$20.00