

UMECRA CONVENTION 2022
at La Crescent Area Convention Center and Best Western Plus Hotel

Friday – January 21

3 pm - Registration begins (hotel lobby)

5:00 pm – Gathering begins (Ballroom)

5:30 pm – **The Future of USEF Endurance**

– Presenters:

Joe Mattingley, USEF Endurance Sport Committee Chair, former UMECRA ride manager, past UMECRA rider, and international competitor
and

Art. W. Priesz, Jr., Esq., Past UMECRA President, former UMECRA ride manager, past UMECRA rider, previous Chef d' equipe US Equestrian Team - Endurance
(Ballroom in Convention Center)

6pm – AHDRA Meet & Mingle, Silent Auction bidding begins (Ballroom)

7pm – AHDRA Awards (Ballroom)

Following Awards – AHDRA hosted Entertainment (Ballroom)

Saturday – January 22nd

7:00 am – Board Meeting (Legion Room in Convention Center)

9 -11:45am **Fueling Your Ride and CBD Oil Benefits (Ballroom)**

Presenter:

Steven Born, Hammer Nutrition Fueling Expert (Ballroom)

Three decades in the sports nutrition industry, 20 years of independent research in nutritional fueling and supplementation.

11:45 am – 1pm – Lunch (Those who have ordered Taco Bar please stay in Ballroom)

1 pm - 4 pm UMECRA Annual Meeting (Ballroom)

5:00 pm - Cocktails Hour – cash bar (Ballroom)

6:00 pm – Dinner (Ballroom)

7:15 pm – UMECRA Awards (Ballroom)

8:15pm – DJ and Dancing (Ballroom) Provided by: KC Entertainment
Silent Auction Tables start closing after Awards

Sunday – January 23rd

7:30am – AHDRA Meeting (Legion Room in Convention Center)