

UPPER MIDWEST ENDURANCE AND COMPETITIVE RIDES ASSOCIATION



Ride Calendar!

Mark your calendars for 2012!!!



Verify Ride Status at www.UMECRA.com

- 06/15-17 Southeast Minnesota – Forestville, MN
- 06/23-24 Brushy Creek Distance Challenge, IA
- 06/23-24 Prairie Smoke I & II – Bismarck, ND
- 06/23-24 Hopkins Creek Ride – Manton, MI
- 06/23-24 Dead Dog Creek – Kinmundy, IL
- 06/30-7/1 My Backyard Ride (AHDRA 1) – Wyanet, IL
- 07/07-08 Endless Valley Ride – Spring Green, WI
- 07/07-08 AHAM – Augusta, MI
- 07/14-15 Mosquito Run – Rogers, MN
- 07/13-15 Endure for the Cure (AHDRA II) – Washington, IL
- 07/21-22 Zumbro Bottoms Boogie – Wabasha, MN
- 07/21-22 Grand Island North – Limestone, MI
- 07/27-29 Wildcat – Palmyra, WI
- 08/05 Warm Up – Oscoda, MI
- 08/06-10 Shore to Shore – Lake Huron to Lake Michigan
- 08/11 Cool Down – Empire, MI
- 08/11-12 Louise Reidel Memorial – Arkdale, WI
- 08/18-19 Thistle Down Run – Frazee, MN
- 08/18-19 Rock River Charity Ride – Utica, IL
- 08/25-26 Northern Highland – Florence, WI
- 09/01 White River Fall – Hesperia, MI
- 09/02-03 White River Labor Day – Hesperia, MI
- 09/08-09 Charity Cup Ride – Pillager, MN
- 09/08-09 Keweenaw Ride – Lake Linden, MI
- 09/15-16 Colorama Classic – Greenbush, WI
- 09/15-16 Tin Cup Springs – Luther, MI
- 09/22-23 Run for the Ridge – Fairfax, MN
- 09/29-30 Pine Marten Run – Nahma Junction, MI
- 10/04-07 DRAWarama – Palmyra, WI
- 10/06-07 Iron Creek Run – Kindred, ND
- 10/13-14 Iron Oak – Arkdale, WI
- 10/13-14 Oak Leaf Run – Hamilton, MI
- 10/19-21 Point Chaser – Wabasha, MN
- 10/27-28 Big River (AHDRA III) – Keithsburg, IL

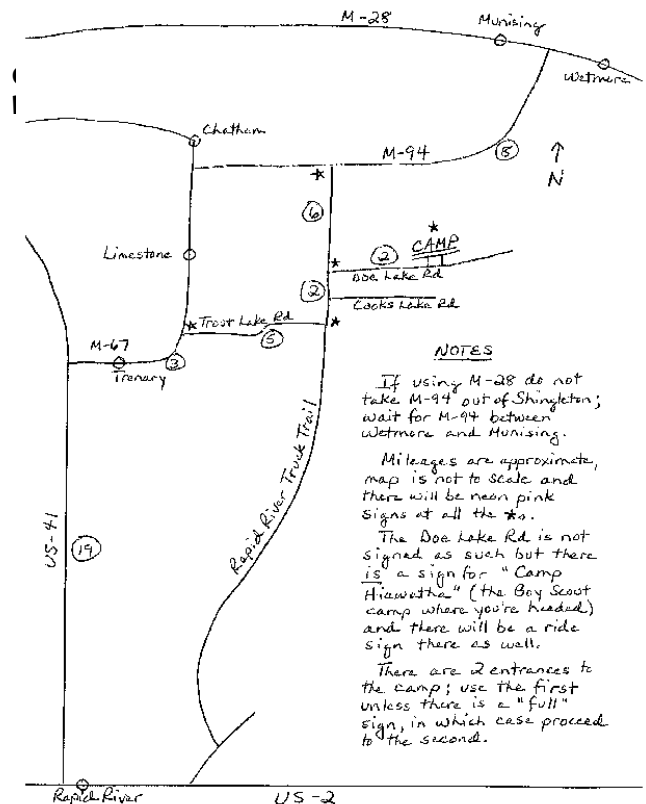
PLEASE NOTE: SHORE TO SHORE - THERE WILL BE A 50 MILE COMP ON SATURDAY & SUNDAY ONLY!


Important!!! New ride Camp location for Grand Island north!

Due to post-permit problems with the Forest Service over equestrian use of the original campsite, the ride camp for Grand Island North is moving to a private property venue a few miles away. The new location is a Boy Scout camp which is situated on a nice lake, has flush toilets and showers and management that

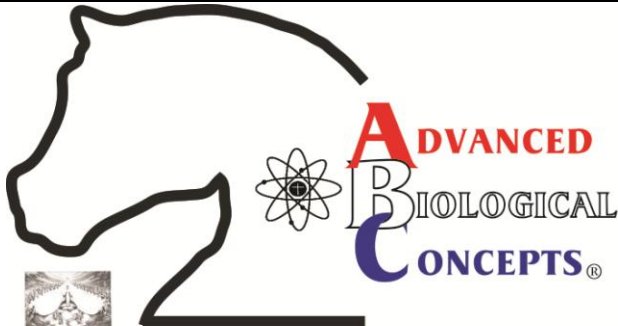
actually wants us there, wants to develop more of their considerable acreage for horse camping. There is currently no one area large enough for us, however, so we'll be dispersed into smaller areas; take as much room as you need, but please camp as close to each other as possible. We hope to have someone assisting with parking, but if there is a "full" sign at the first of two entrances to the camp, proceed to the second; pink-tipped stakes will identify where rigs may park (they're not meant to delineate particular sites, just areas where it's OK to park), and you should not proceed past turnaround signs without advance scouting.

Camping fees are \$8 per rig per night and note that the Boy Scouts do not permit either alcohol or tobacco on their premises.





PURINA
FEEDING YOUR PASSION
Sponsors of the UMECRA
Novice Division



Applied Common Sense
Sponsors of the UMECRA Top 10
Mileage Award

Wanted: Novice Ride Leaders for Endure for the Cure

The Endure for the Cure ride has been fortunate to have a pretty good turn out of novice riders each year, including juniors from local 4-H clubs.

We'd like to ensure a good, safe, and educational experience for these novice riders and enhance recruitment of distance riders and UMECRA members. Thus, we'd like to offer a free Endure for the Cure ride entry up to \$70 for an experienced and dedicated member to lead the novice rides on Saturday at 10 am and Sunday at 8:30 am.

If interested, contact us at: power@dtnspeed.net or at 217/871-1889 or 217/871-1890.

Chris and Marty Power

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Rates depend on the size of your ad and how many times you wish to run it:

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Quarter Page	\$20.00	\$16.00 ea.	\$14.00 ea.	\$13.00 ea.	\$120.00
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*Line = (65 Characters per line including spaces)					

Please send your ad to UMECRAnews@gmail.com. We can handle most common formats, such as Word, .pdf, or .jpg. The deadline for each issue is the last day of the previous month – newsletters are generally mailed by the 15th.

Please send payment for your ad to:
 Peggy Pasillas, UMECRA Newsletter
 9928 Rich Valley Blvd
 Inver Grove Heights, MN 55077

Checks should be made payable to UMECRA.

SELENIUM AND VITAMIN E TO ALLEVIATE SIGNS OF TYING UP

by: Kristen M. Janicki, MS, PAS
May 20 2012, Article # 20037
www.TheHorse.com

Exertional rhabdomyolysis, otherwise known as "tying up," is a term used to describe a variety of muscle disorders in the equine athlete. Horses affected by tying up have varying degrees of muscle cramping or muscle soreness, with the more severe cases accompanied by elevated respiratory and heart rates, dark colored urine, and reluctance to move or stand.

A balanced diet, including vitamins and minerals, is just one factor in the treatment and prevention of tying up. Here are some ways that two specific nutrients, selenium and vitamin E, can help prevent or alleviate symptoms of tying up:

- Selenium: During exercise several chemical processes occur, allowing the horse's muscle to utilize energy. However, those same processes produce oxidation-induced damage by free radicals. Selenium is a vital part of glutathione peroxidase--an enzyme that prevents free radicals from causing cellular damage. Deficiencies in selenium will directly relate to a decreased ability to rid the muscle of these detrimental substances.
- Vitamin E (alpha-tocopherol): Most commonly found in green growing forage, vegetable oils, and synthetically in grains and supplements, vitamin E works in cooperation with selenium as a part of glutathione peroxidase. In addition, vitamin E is thought to play a role in cellular defense of free radicals by incorporating in cell membranes and preventing lipid peroxidation.
- Selenium and vitamin E work together, and one cannot replace the other. Studies have shown that if there is a selenium deficiency, higher levels of vitamin E are needed. Conversely, if there is a vitamin E deficiency, more selenium will be needed. The optimum amounts of selenium and vitamin E required in this type of situation is significantly greater to prevent signs of damage. Work with a veterinarian or equine nutritionist to ensure each horse is consuming adequate selenium and vitamin E in its diet. In the event a horse is deficient in either nutrient, work with a professional to select a supplement that provides the required vitamin E and selenium levels to keep the animal healthy.

Take Home Message

Selenium and vitamin E work together to prevent tissue damage from free radicals produced during exercise by the enzyme glutathione peroxidase and cellular membrane components. It's important to ensure the diet of performance horses is balanced for both vitamin E and selenium.

GOOD NEWS & BAD NEWS

UMECRA is having a great influx of new riders trying out distance riding. Yeah! What fabulous news and it's great to have new folks in ride camp and on the trails. If you are a new rider, we hope you come to several (hmmmm....many) rides this year. Here's the bad news....with so many new folks joining us on the trail ride managers need more Novice group leaders. I novice ride is much more successful if there is 5 or so horses and 1 leader in a group, rather than 8 to 10 riders in one group. Our new riders learn more, horses and riders are a lot less stressed and it's a lot more fun with smaller groups because people get to know each other better in these groups.

So riders who have been with us for a couple years or more - call a ride manager and volunteer to lead a novice group. Maybe bring that old horse out of retirement and stick them in the trailer so you can ride with those newbies. Maybe that 25 mile horse can do another 12 miles the next day to get ready for a 50 in a month or two?

Thanks you ahead of time for volunteering and have a blast on the trails.

Theresa Meyer
UMECRA President

WHY WE REQUIRE HELMETS AT ENDURE FOR THE CURE

Managing a ride is similar to hosting a party. You send out invitations or ride flyers and look forward to people showing up and having a good time. However, you also have some responsibility for the safety of your guests while they are at your party.

Although we don't have the years of experience at rides some members do, we've been to enough rides to see the change in a ride manager when an accident occurs at their ride. The welcoming twinkle in the eye at the first riders' meeting changes to a darker questioning look, reflecting their doubts about what perhaps should have been done differently to avoid the accident.

We are fortunate to live in a country that places high value on individual freedom. At the UMECRA Convention this past January Dr. Beecher and Art Priesz shared their experiences and understandings they gained through their participation in endurance riding at the international level, observing that in most countries, what isn't explicitly permitted is forbidden, while in America what isn't explicitly forbidden is permitted.

Deciding to become a ride manager means taking on a full range of responsibilities. If the trail is not adequately marked or explained, the ride manager will certainly hear about the angst of a lost rider. Likewise, if there is insufficient water on the trail, inadequate veterinary control judge support, poor communication about meetings or start times, difficulties in monitoring riders who may have "cut trail," insufficient volunteers to do P&Rs, etc., etc.

This same sense of responsibility also applies when an accident occurs. An accident will precipitate numerous questions:

- Did I place the finish line at a potentially dangerous location?
- Did I route the trail in a sufficiently safe manner?
- Did I adequately mark or note potentially dangerous places on the trail?
- Did I schedule the events correctly to avoid problems with different groups of riders causing difficulties for each other on the trail?
- Did I forget to take into account the problems that may occur when the trail has to handle two-way traffic
- Did I make adequate preparations for the weather and the welfare of the horses and riders?

Unlike when a rider decides to embark on their own ride on their own property or at a park, where they would be free to ride without a helmet (or perhaps even text while riding), when a rider elects to enter an organized distance event the responsibility for their welfare is shared with the organizer or manager of the event. It should not be surprising that a ride manager would want to implement all reasonable steps to assure the welfare of the rider and their horse.

As you all know, the head, and especially the brain, often has a more difficult time recovering from an injury than other body parts, with head injuries posing a greater likelihood of significant life changing consequences.

Will a helmet prevent all head injuries? Certainly not. Will a helmet reduce the probability of a head injury? Most definitely.

So we certainly respect your freedom and choice to ride without a helmet when you are on your own. But when we assume some shared responsibility for you and your welfare as a participant in a ride we manage, we will require that you wear a helmet. It helps us sleep better at night.

Thanks for your understanding and cooperation.

We hope you can join the party at Endure for the Cure July 13th, 14th, 15th. Oh, and remember that the Endure for the Cure ride serves as a fundraiser for the Susan G. Komen for the Cure fight against breast cancer. Continue to gather pledges and raised money for this cause! Bring your donations and checks to the ride so that we can ensure the ride gets credit for this fundraising effort. Details can be found at: <http://www.endurefortheure.org/>

Marty and Chris Power

CHECK OUT DEAD DOG CREEK!!

The first Dead Dog Creek ride was held in 1992 in Claremont IL. Most of the trail ran through land that was once owned and farmed by members of Aaron's Family, who settled this part of IL in the 1850'S. The name for the ride came from a relative who had named one of the creeks "Dead Dog" because they found a dead dog in the creek. That was in the 1930's. We had to move the ride to a state park after some of the original ground was sold. Now we use Stephen Forbes State Park for the ride. Forbes was used in the past for several rides that were put on by David Ash.

Through the years we have had several interesting rides the last few years have been wet. Hopefully this year we will be dry. For 19 years the White Squirrel Saddle Club was our sponsor but this year we are on our own.

We always have interesting awards. Saturday night is a potluck dinner. This year David Ash is coming to make his famous green beans and ham. Here's a photo from the muddy year. This is Aaron Mowrer and Arazi after the mud bog but there will be none this year!



Ride Results!!

MnDRA I 5/5 - 50 Mile End LW			
Cody	Collins *R	Lazers Legacy	1
Jodi	Johannessen	PR Bay Muscrana	2
Sarah	Maass	GP Cali-Rooz	3
MnDRA I 5/5 - 50 Mile End HW			
Walter	Freiberg	Chazz	1
TJ	Edwards	Miss Molly Mule	2
Joel	Hildebrandt	Chazzy	Pull
MnDRA I 5/5 - 25 Mile Limited Distance Sr.			
Teresa	Fett	CR Easter Lyllee	1
Danna	Theis	Vallies Hi Strider	2
Jen	Wuertz	VO Raahin	3
Dana	Gasner	Jerico	4
Melody	Sprecher	AR Namani	5
Larissa	Sprecher	Nadia Bint Najib	6
Char	Tuhy	Raffimar Image	C
Suzzane	Warren	Kikkoman's Geym	C
Peggy	Pasillas	Mattanahs Joker	C
Jan	Sasena	Caduceus Oriana	C
Janet	Sarver	Bashir	C
Deb	Juettner	Rena	C
Lynne	Triplett-Benson	Helen Jane-Niso	C
Kelly	Hazledine	Dreamer	Pull
MnDRA I 5/5 - 25 Mile Limited Distance Jr.			
Grace	Steffl	Indiana	1
Amber	Larson	Missing Memory (Harley)	2
MnDRA I 5/5 - 25 Mile Competitive LW			
Candy	Barbo	Nobel Annie	1
Darlene	Molitor	Vallies Amerah	1
Mary	Lambert	Psyches Amore	3
Linda	Goddard	Khorageous Komet	4
Tracy	Cannon	Skyline Lucky Strike	5
Kris	Ausland-Saari *F	Reggal Task	6
Victoria	Robison	SC Zhivago	C
MnDRA I 5/5 - 25 Mile Competitive HW			
Sherry	Scheibelhut	Vallies Shar Donae	1
Ed	Barbo	Psych on Fire	1
Taryn	Dentinger	TKO Rhio Bask	3
Sheryl	O'Brien	Truimage of Gold	4
Laurie	Brown	VC Premier Eddition (Prem)	5
Carmen	Steuck	Phoenix	6
Vicki	Rostollan	Scamper	C
Beth	O'Neil	Jules MS Mitzi (Lil Red)	C
MnDRA I 5/5 - 25 Mile Competitive Jr.			
Sarah	Kieser	Never a Fantahcee	1
MnDRA I 5/6 - 25 Mile Limited Distance Sr.			
Diane	Merz	Sterling Illusion	1
Sandra	Fett	SN Shaherrizadd	2
Teresa	Fett	CR Mistirazz	3
Diane	Shermerhorn	Iron Lady Hawk	4
Benji	Zishka	Aerial	5
MnDRA I 5/6 - 25 Mile Competitive HW			
Taryn	Dentinger	TKO Rhio Bask	1
Ken	Meyer	Samarii	

MnDRA I 5/6 - 25 Mile Competitive Jr.			
Lina	Geiger	Queen Heartt	1
Olivia	Goddard	Luvs Bayfire (Cricket)	2
MnDRA I 5/6 - 12 Mile Novice			
Lois	Greiman	Bint Ayrea	1
Allison	Kern	Shilhouette	2
Stacy	Denfeld	Eblen Warrior	3
Tara	Daun	Morning Glory	3
Beckie	Kilvington	JW (Badgers Bay Boy)	5
Ajerae	Fitzgerald	Beaubo	6
Kayla	Autz	RA Star's Chieftan	C
Terri	McCarthy	Joey	C
Katy	Thiry	Scooter	C
Rae	Iserman	Charlie Brown	C
Dale	Volk	Patriot	C
Phil	Jansen	EE Lymic Gold	C
Erika	Achberger	Yetlanesi	C
Char	Tuhy	Missing Memory (Harley)	C
Joan	Thiel	A Risky Encounter (Roc)	C
Karen	Kersten	Chewy	C
Bev	Specht	Magna Cum Lowde	C
Dale	Lunde	Hailey	C
Lise	Lunde	Mystic Morning	C

Glacier Trails 5/12 - 25 Mile Limited Distance Jr.			
Michael	McInturff	Impact Psy	1
Jillian	McInturff	Mistu	2
Glacier Trails 5/12 - 25 Mile Limited Distance Sr.			
TJ	Edwards	Miss Molly Mule	1
Jessi	Zirbel	RER Silver Crescent	2
Wes	Elford	Rakis	3
Shirley	May	Twinkle	4
Katie	Knippel	RFR Polar Reign	5
Frank	Langholf	Jewel	6
Linda	Miller	Plaudit McUle	C
Robin	Schadt	Kayheart	C
Chris	Power	Wineglass Debonair	C
Vicki	Wright	PD	C
Roberta	Harms	Lady Jane	C
Pat	FitzGibbon	Misty	C
Nancy	Leonard	Chet	C
Michael	Liang	WMA Shekinah	C
Ann	Usher	ENM Ramses	C
John	Lewis	Cana	C
Tracy	Rhuner	Nickel	C
Kristin	Glaze	Fadbai Killizn	C
Edward	Martins	Legend	C
Michelle	Mattingley	Son of a Diamond	C
Katie	Gorde	Oddsmaaker	C
Megan	Taylor	Sampson	Pull
Glacier Trails 5/12 - 50 Mile Two Day Competitive HW			
Deb	Searle	Sultan's Sundance	1
Donna	Ozment	Nightmare Blues	2
Jon	Wagner	McFlint	3
Glacier Trails 5/12 - 50 Mile Two Day Competitive LW			
Carol	Wagner	Partner	1

Glacier Trails 5/12 - 25 Mile Competitive LW			
Kathy	Shauer	Morning Glory	1
Susan	Mitchell	Kimmel Johar	2
Lori	Windows	MAHR Tina	3
Jacki	Ollhoff	Luke	4
Laura	Savatski	Murphy's law	5
Angel	Chmurynski	Dynamo Dash	6
Leah	Savatski	Milo	C
Jennifer	Prouty	Cherry Easter Bunny	C
Glacier Trails 5/12 - 25 Mile Competitive HW			
Max	Bernsdorf	CH Schamm Bashire	1
Bonnie	Mielke	Chariotsoffire DVF	2
Jen	Allen	WMA Shadrach	3
Barb	Gardner	RR Roman Scooter	4
Ann	DeLang	Chocolate Martini	5
Glacier Trails 5/12 - 25 Mile Competitive Jr			
Haley	Elliot	Seger's Accompany Me	1
Glacier Trails 5/12 - 12 Mile Competitive Drive			
Tim	Casserly	Harley/Bach	1
Jack	Shea	Tiger	2
Roxanne	Cromheecke-Klug	BP Geoffrey Esquire	3
Alice	Hubert	Goodnight Starship	4
Ray	Hubert	Penquin Beware	5
Glacier Trails 5/12 - 50 Mile Endurance HW			
Joel	Kellum	Filbert	1
Guy	Worthington	PA Hi Spirit	2
Tom	Gower	JG Sagr	3
Doug	Biegert	Tango	4
Larissa	Sprecher	Nadia Bint Najib	5
Sherry	Aunne	Cabernet Sauvignon	6
Jeanne	Crispin	CR Tequila Rose	C
Stephanie	Crispin	Jazman Comelately	C
Berry	Saylor	Ultra Psuede	C
Joslyn	Seefeldtq	DSD Starstruck	C
Glacier Trails 5/12 - 50 Mile Endurance Jr			
Brooke	Koehn	JBK Zum Bayou	1
Brenna	Baemmert	Cheyenne	2
Glacier Trails 5/12 - 50 Mile Endurance LW			
Jesse	Dux	Silver Russian	1
Ellen	Olson	Noslo's Harvey Rally	2
Linda	Jacobson	Majer Ridge Scarlet Debu	3
Julie	Jackson-Biegert	Halsteads Firesky	4
Whitney	Was	Cherokee	5
Megan	Was	Isaih Bet	6
Bettina	Koehn	JBK Nadja	C
Katie	Bachhuber	JG Btash	C
Melody	Sprecher	AR Namani	C
Mary	Wills	Solstice	C
Nancy	Mobson	Brules	C
Pamela	Cotton	Cherokee Diamond Bunn	C
Jeanne	Allen	Walorq	C
Cathy	Gower	HK Express Ave	Pull
Glacier Trails 5/13 - 25 Mile Competitive HW			
Amber	Erickson	Simon the Magic'n	1
Dawn	Haas	Fourmile Kashtin	2

Glacier Trails 5/13 - 25 Mile Competitive Jr			
Haley	Elliot	Seger's Accompany Me	1
Glacier Trails 5/13 - 25 Mile Competitive LW			
Lori	Windows	JA Bannarr	1
Linda	Jacobson	Chub lake Jack Daniels	2
Jim	Haas	NW's Eklipe	3
Laura	Savatski	Murphy's law	4
Leah	Savatski	Milo	5
Noelle	Reinke	Otez's Windstar	6
Glacier Trails 5/13 - 12 Mile Competitive Novice			
Kimberly	Fosler	C J	1
Tom	Lisi	Foff	2
Katie	Knipple	Darling Esti Norsk	3
Bart	Versteegh	Remember the Magic	4
Penny	Lode	X-Ameron	5
Tracy	Johnson	Faris	6
Stacy	Eide	Ranger	C
Lucy	Krueger	Midnight	C
Pam	Fullerton	RFR Northern Thunder	C
Maggie	Pearson	Khasmo	C
Lisa	Koenig	Keanus Quest	C
Shirley	May	Pieta Creo Que	Pull
Gail	Hartley	Foxy Amira Rose	Pull
Joyce	Brown	Safires Phoenix	Pull
Glacier Trails 5/13 - 12 Mile Competitive Drive			
Tim	Casserly	Harley/Bach	1
Alice	Hubert	Goodnight Starship	2
Ray	Hubert	Penquin Beware	3
Glacier Trails 5/13 - 25 Mile Limited Distance Jr			
Ainsley	Suskey	MRK Annie Oakley	1
Sarah	Docter	SWS Desert Amber	2
Michael	Mcinturff	Impact Psy	3
Glacier Trails 5/13 - 25 Mile Limited Distance Sr			
Jeremy	Olson	Crescent Moon Jet	1
Barry	Saylor	Thee Magic Man HT	2
Bonnie	Mielke	OLA Loki	3
Angel	Chmorynski	Yanker Zarr	4
Julie	Jackson-Biegert	SHF Zaree Fa D Star	5
Stephanie	Crispin	EE Vning Shade	6
Vicki	Wright	P.D.	C
Robin	Schadt	Kayheart	C
Nancy	Leonard	Chet	C
Barb	Gardner	Got Spirit	C
TJ	Edwards	JBK Tara	C
Lisa	Docter	HS Kiger Danielle	C
Michelle	Mattingley	Son of Diamond	C
Katie	Gorde	MiekleAnglo BPA	C
Mary	Wills	Mister	C
Nicole	Oledo	GLW Attari	C
Edward	Martins	SH Kalum	C
Guy	Worthington	Coronna	Pull
Jaslyn	Seefeldt	Pasarab's Albierto	Pull
Ashlie	VanRaaldt	Style M Attitude	Pull

5/19 - Run for the Border - 25 mile Comp HW			
Sherry	Scheibelhut	Vallies	1
Carmen	Steuck	Phoenix	2
Ken	Meyer	Samarii	3
Laurie	Brown	VC Premier	4
Beth	ONeil	Jules Ms Mitzi	5
Vicki	Rostollan	Scamper	6
5/19 - Run for the Border - 25 mile Comp JR			
Lina	Geiger	Queen Heartt	1
5/19 - Run for the Border - 25 mile Comp LW			
Danna	Theis	Vallies Hi Strider	1 (HP)
Emily	Lindberg	Vallies Kastiel	2
Kris	Ausland-Saari	Regal Task	3
Theresa	Meyer	Shes My Destinee	4
Victoria	Robison	SC Zhivago	5
Dawn	Johnson	Secret	6
Karen	Kersten	Chewy	0
5/19 - Run for the Border - 50 mile End HW			
Tom	Gower	HK Xpress Avenue	1
Scott	Campbell	Monachers	2
Jen	Wuertz	VO Raahin	3
Suzanne	Warren	Turbolatian	4
Peggy	Pasillas	Mattanahs Joker	5
Lisa	Powell	Bezannas Orphan	6
Barry	Saylor	Ultra Psuede	C
Michael	Powell	Chant	0
5/19 - Run for the Border - 75 mile End HW			
Walter	Freiberg	Chazz	1
Taryn	Dentinger	TKO Rhio Bask	2
5/19 - Run for the Border - 50 mile End LW			
Jodi	Johannessen	PR Bay Muscrana	1 (BC)
Linda	Jacobson	Majer Ridge	2
Marianne	Guilfoyle	Trekea	3
Candy	Barbo	CR Windsor	4
Eileen	Kirsch	Sabins Scooter	5
Kym	Life	Rome	6
Rachel	Hill	Sunbeam	C
Teresa	Fett	CR Mistiraaz	C
5/19 - Run for the Border - 75 mile End LW			
Mary	Wills	Maark of	1
Darlene	Molitor	CR Infinite Pryde	2 (BC)
Tracy	McIntosh	Amigo Rissar	3
Sarah	Maass	GP Cali-Rooz	4



5/19 - Run for the Border - 25 mile LD Jr			
Grace	Steffl	Indiana	1
5/19 - Run for the Border - 25 mile LD Sr			
T. J.	Edwards	Miss Molly Mule	1 (BC)
Nancy	Salazar	Steadys Bad Boy	2
Mary	Baker	Synaptic	3
Nancy	McCoy	Gizmo	4
Janet	Sarver	Bashir	5
Catherine	Cheesebrow	NW Wildcard	6
Lynda	Zimmerman	Lluvia del Norte	C
Trudy	Baleam	Chapito	C
Hannah	Fairman	Jerico	C
Beth	Lecy	Fancy T Basko	C
5/20 - Run for the Border - 25 mile Comp HW			
Ed	Barbo	Psyche on Fire	1
Rich	Elbert	Faloo	1
R Dale	Lunde	Images Princess	3
Charlie	Kennedy	Porkchop	4
5/20 - Run for the Border - 25 mile Comp Jr			
Olivia	Goddard	Luvs Bayfire	1
Max	Kennedy	Katrina	0
5/20 - Run for the Border - 25 mile Comp LW			
Kris	Ausland-Saari	Regal Task	1 (HP)
Joan	Elbert	Lucky	2
Linda	Goddard	Khourageous	3
Candy	Barbo	Nobel Annie	4
Debra	Juettner	Bashir	5
Nicole	Eller-Medina	PPF Geysms	6
Linda	Jacobson	Chub Lake Jack	C
Lise	Lunde	Mystic Morning	C
Kelly	Kennedy	Damoots	C
5/20 - Run for the Border - 25 mile LD Jr			
Kade	Zishka	Tizzy	1
5/20 - Run for the Border - 25 mile LD Sr			
Teresa	Fett	CR EastirLylle	1
Nancy	Salazar	Peanut	2
Sue	Schedin	Faden Gazad	3
T. J.	Edwards	JBK Tara	4 (BC)
Mary	Wills	Mikha	5
Diane	Merz	Sterling Illusion	6
Jan	Sasena	Caduceus Oriana	C
Ben	Zishka	Aerial	C
Cathy	Mitchell	Haywires	C
Scott	Campbell	Monachers	C
Kym	Life	Jedwab	C
Stephanie	Collins	VC Sundae	C
Stacy	Denfeld	Eblen Warrior	C
Amber	Preisler	Eclektic	C
Teri	Olson	Faydin Halim	C
Joan	Thiel	A Risky Encounter	C
Barry	Saylor	Thee Magicman	C
Danielle	Eller-Hollerud	Kara Myst	C
Suzanne	Warren	PPF Geysms	C
Mary	Baker	Lily Creek Ravven	C
Dawn	Keast	California Dream	C

ApDRA 6/2 - 12 Mile Competitive Drive			
Tim	Casserly	Harley/Bach	1
Ray	Hubert	Penguin Beware	2
Alice	Hubert	Goodnight Starship	3
Roxanne	Cromheecke-Klug	BP Geoffrey Esquire	4
ApDRA 6/2 - 25 Mile Competitive - HW			
Maxine	Bernsdorf	CH Shamm Bashire	1
Jen	Allen	WMA Shadrack	2
ApDRA 6/2 - 25 Mile Competitive - LW			
Lori	Windows	JA Bannarr	1
Susan	Mitchell	Kemmel Johar	2
Carol	Wagner	Partner	3
Jackie	Hoff	Luke	4
Laura	Savatski	Murphy's law	5
Angel	Chmurynski	Dinamo Dash	6
ApDRA 6/2 - 12 Mile Competitive - Novice			
Katie	Knipple	Zurhama de Washoe 2	1
Kimberly	Fosler	CJ	2
Renata	Lindal	Vannoys Rocket Jet	3
Hermoine	Falish	Daisey May	4
Deserie	Peterson	Chico	5
Melinda	Anderson	Aviador	6
Karrah	Wyckoff	Sparklin Red	C
Rebecca	Falish	Misty	C
Tracy	Johnson	Faras	C
Vicki	Wright	Reggie	MO
Holly	Kemmis	Wineglass Vino	MO
ApDRA 6/2 - 50 Mile Endurance - HW			
Deb	Searle	Sultan Sundance	1
Joslyn	Seefeldt	DSD Starstruck	2
Joel	Kellum	Filbert	Pull
Marge	Dixon	MW	Pull
Kathi	Soukup	HW	Pull
ApDRA 6/2 - 50 Mile Endurance - LW			
Mary	Wills	Smokey	1
Linda	Jacobson	Majer Ridge Scarlet Debut	2
Amber	Erickson	Simon the Magic'n	3
Julie	Jackson-Biegert	Ace	4
Katie	Bachhuber	JG Btash	5
Jean	Allen	Walor	6
Ann	Usher	ENM Ramses	C
Robertta	Harms	JM Cest LaVie	Pull
Eileen	Kirsch	SaBins Scooter	Pull
Marianne	Guilfoyle	Trekea	Pull
ApDRA 6/2 - 25 Mile Limited Distance - JR			
Michael	McInturff	Lu Nor Sovereign	1
Jillian	McInturff	Mustu Bonadin	C
ApDRA 6/2 - 25 Mile Limited Distance - SR			
Jessi	Zirbel	RFR Silver Crescent	1
Vera	Betzelberger	Starr Quest	2
Barb	Gardner	Got Spirit	3
Ann	DeLang	Chocolate Martini	4
Michael	Liang	BZ Isabella	5
Edward	Martins	SH Akiim	6
Jan	Worthington	EL Roial	C
Dawn	Fassbender	Shadow	C
Vickey	ollingsworth	Padrona Auventera	C
Colleen	Burtard	Jenna	C
Shirley	May	Twinkle	Pull

ApDRA 6/3 - 12 Mile Competitive Drive			
Ray	Hubert	Penquin Beware	1
Tim	Casserley	Harley/Back	2
Alice	Hubert	Goodnight Starship	3
ApDRA 6/3 - 25 Mile Competitive - LW			
Laura	Savatski	Murphy's law	1
Linda	Jacobson	Chub Lake Jack Daniel	2
Cathy	Hansen	Shooting Chance	3
Bonnie	King	Harvey	4
Noel	Reinke	Otez's Windstar	5
Jessi	Zirbel	RFR Silver Crescent	6
ApDRA 6/3 - 12 Mile Competitive - Novice			
Jeri	Schantz	Santos	1
Lucy	Krueger	Midnight	2
Stacy	Eide	Ranger	3
Kathy	Skoza	BMA McCord	4
Bart	Versteegh	Remember the Magic	5
Maxine	Bernsdorf	Mi Lucky Charm	MO
ApDRA 6/3 - 25 Mile Limited Distance - JR			
Michael	McInturff	Lu Nor Sovereign	1
ApDRA 6/3 - 25 Mile Limited Distance - SR			
Lori	Windows	Red Satin Star	1
Angel	Chmoryski	Yankee Zarr	2
Guy	Worthington	Rerun	3
Linda	Miller	Crescent Moon Jet	4
Nancy	Leonard	Chet	5
Vicki	Wright	PD	6
Wes	Elford	Suzie Que	C
Kathi	Soukup	GSF Frankie	C
Mary	Wills	Mister	C
Julie	Jackson-Biegert	SHF Zoreefa D Star	C
Eileen	Kirsch	Amea FLF	C
Deb	Searle	WOA Ravens Premier	C
Edward	Martins	Legend	C
Melinda	Anderson	Comic Eclipse	C
Shirley	May	Pieta Sreo Que	Pull
Joslyn	Seefeldt	Pasarabs Abierto	Pull

UMECRA Shout Outs!

Ever want to say "Thank You" to someone who helped you out at a ride? Well, here's your chance!

A spot in the newsletter to recognize those who helped you out or taught you something important.

Send your "shout outs" to
UMECRAnews@gmail.com
 and I'll get them in here!

To start things out, I want to say a big "Thank You" to everyone who helped me through my first 50's! Suzy Warren, Sheryl O'Brien, Mary Lambert, Janette Sasena, Deb Juettner, Lynn Reichert and more! Thanks for riding with me, coaching me before, during and after and generally making sure Trapper and I were okay! You are amazing friends!

Peggy Pasillas

YOU MIGHT BE MISSING OUT!

The following UMECRA members need to update their email address or unblock messages from UMECRAnews@gmail.com. You might be missing out on last minute ride news, possible newsletter delivery and other time sensitive communications!

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Save the Date!! 2013 UMECRA CONVENTION!

DATE and LOCATION: The 2013 UMECRA convention will be held on January 18-20, 2013 at the newly remodeled Olympia Resort in Oconomowoc, WI (1350 Royale Mile Road-Hwy 67). The resort is approximately 1 mile off of I94.

LINK: <http://olympiaresort.com/>

SPEAKER: We all travel with our horses to events, rides, trails, campgrounds, etc. Have you ever wondered what you would do if you and your horse were involved in a trailer accident? What can you do until help arrives? Come to the convention and find out. Our guest speaker is Dr. Howard Ketover. Dr. Ketover has been instrumental in bringing large-animal rescue training to Wisconsin. Dr. Ketover's presentation will cover portions of large animal rescue training and he will be providing us with

valuable information on what we can do until help arrives!

ENTERTAINMENT: On Saturday night we will enjoy live music provided by Gary Cross. Gary's music ranges from country, rock and roll to contemporary; he does it all.

ROOMS: The room rate is \$95/night.

More details will be available in fall. Do **NOT** call for reservations at this time!



Got some information or a good story to share with your ride friends? Send it to the newsletter editor at UMECRAnews@gmail.com We'd love to hear from you!

DID YOU HEAR THE NEWS!!!

Elizabeth Laurie finished the Quilty in Australia in fine form! 20th overall, 4th in heavyweight!

The Tom Quilty is the Australian version of the Tevis. It moves from state to state each year, different trails, different management but always a challenging 100 miles.

This year the ride was in the north east side of Tasmania. There were 115 starters, 62 finishers. Laurie finished 20th (4th HWT) with a ride time of 13:58 on a fabulous horse from Western Australia. He traveled 7 days to the ride site including a 14 hour ferry ride to Tazmania. She missed BC by a half of point! (In Australia each weight division is awarded a BC award). A wonderful experience to say the least!

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Deadline for Next Newsletter:
5th of each month
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