

UPPER MIDWEST ENDURANCE AND COMPETITIVE RIDES ASSOCIATION



RIDE SCHEDULE!

A more detailed Ride Schedule can always be found at UMECRA.com!

Date	Ride Name	Ride City	State
6/25 & 6/26	Dead Dog Creek	Augusta	IL
6/25 & 6/26	Grand Island North	Munising	MI
6/25 & 6/26	Maah Daah Hey Endurance	Medora	ND
7/1 & 7/2/22	Endless Big Valley Ride	Avoca	WI
7/4/22 – Monday - 4th of July			
7/9 & 7/10/22	AHAM at Hopkins Creek	Manton	MI
7/9 & 7/10/22	Mosquito Run	Rogers	MN
7/23 & 7/24	AHDRA's Field of Dreams Dash	Farmington	IA
7/29-7/31	Bonecrusher Ride	Palmyra	WI
8/5 & 8/6	Detroit Horse Power Metropark Express	Milford	MI
8/6 & 8/7	Rock River Charity Ride	Franklin Grove	IL
8/12 - 8/14	Louise Riedel Memorial	Arkdale	WI
8/20 & 8/21	Bearfoot Boogie	Hinckley	MN
8/27 & 8/28	DRAW's Northern Highland	Gleason	WI

9/5/2022 Labor Day			
9/3-9/5	White River Fall	Hesperia	MI
9/10 & 9/11	Charity Cup	Pillager	MN
9/10 & 9/11	Keweenaw Ride	Marquette	MI
9/10 & 9/11	Lincoln Trails AHA	Kinmundy	IL
9/16 & 9/17	DRAW's Colorama Classic	New Prospect	WI
9/24 & 9/25	Pine Marten Run	Wetmore	MI
10/1 & 10/2	DRAW Finale	Palmyra	WI
10/1 & 10/2	Huntersville Hundred	Menahga	MN
10/8 & 10/9	Iron Oak	Arkdale	WI
10/8 & 10/9	Oak Leaf Run	Hamilton	MI
10/21 & 10/22	Point Chaser	Theilman	MN
10/29 & 10/30	AHDRA - Big River	Keithsburg	IL

NEW MEMBERS

Do you need a UMECRA horse ID? It's simple and free!

To obtain a number for your horse, or report a new AERC number please email the points keeper (umecrapoints@gmail.com) and the webmaster

(n.mauserstorer@huskers.unl.edu).

They will assign your horse a number and send you an email with the information. If you join AERC and get an AERC number for your horse

you can use that number in UMECRA. Just let the points keeper and the webmaster know the number so you get credit for all your miles!

Ride Cancellations – Due to unforeseen circumstances, **Northern Lightz** (July 23 & 24) and **Maah Daah Hey** (June 25 & 26) have been cancelled.

RIDE RESULTS

Trade River Run - 5/21/22 - 75 End HW			
Sheryl	O'Brien	Wild River Sundancer	1
Rebecca	Horihan	LC Ernani	2
Maria	Enge	Faustos Flame	3
Krystyna	Eischens	Chips Diamond Rehalla	4
Trade River Run - 5/21/22 - 75 End LW			
Emma	Christopherson	Integritys Deluxx	1
Jane	Malischke	Hollywoods Brightest	P
Sarah	Maass	Royal Opus	P
Dante	LaPierre	MS Dennie MHF	P
Megan	Grashel	Gobig Orgohome	P
Trade River Run - 5/21/22 - 75 End Jr			
Miley	Eischens	Ozzy	P
Trade River Run - 5/21/22 - 50 End HW			
Shannon Lee	Lightfoot	Spartan SVA	1
Mandie	Roggenkamp	The Outlander	2
Amber	Erickson	Ophelia Kkan	3
Brandon	Brunner	La Grange RTA	4
Jennifer	Frerichs-Ramon	Halley's Comet	5
Joshua	Ramon	TRJ Just Jake	5
Crystal	Esqueda	Lopin in Diamonds	P
Barry	Saylor	Victoro GRK	P
Trade River Run - 5/21/22 - 50 End LW			
Jessie	Finnila	Sterlings Starstrider	1
Wendy	Maas	FT Firestorm	1
Melissa	Coolich	JG Short Stuff	3
Jodi	Johannessen	SC Izzabella	4
Teresa	Fett	CR Mistiraaz	5
Jesse	Shaddrick	Ice Falcon LRA	6
Emily	Blodgett	JA National Sweetheart	C
Abbie	Schramm	Shakers Raindancer	C
Lindsay	Jackson Nichols	Ravenswood Nevermore	C
Shanon	Ployhart	BBA Fahad Al Hadi	C
Karla	Ovsak	Dobella NPA	C
Lorrie	Beaulieu	Aint No Ordinary Blue	C
Jordan	Kopras	RFR Enduring Rain	P
Angela	Lavallee	Cansas	P
Trade River Run - 5/21/22 - 50 End Jr			
Alice	Erickson	Rushcreek Calia	1
Colton	Eischens	Sir Fettuccine Alfredo Tortellini	2
Trade River Run - 5/21/22 - 25 LD HW			
Judy	Hoefl	Romana Johar (Romeo)	1
Becca	Johnson	Donald	2
Carl	Hoefl	Chase	P

Trade River Run - 5/21/22 - 25 LD LW			
Bobbi	Belz	Duke	1
Shelly	Carroll	Peyton Afire	2
Maranda	Williams	CR Zohlaraaz	3
Suzanne	Warren	PPF Geyms Sonsy	4
Shea-Lynn	Ramthum	SS Butter Me Up	5
Megan	Anderson	Zorra	6
Debra	Schroeder	McGuire's Carbonite	C
Ainsley	Suskey	Madras NA	C
Pam	Cotton	SRB Reno Lytes	C
Victoria	Robison	Bullett	C
Sophie	Gustafson	HJ Nikeshah	C
Mari	Mayo	Justa Little Breeze	C
Paula	Goligowski	Ms Lightening	P
Trade River Run - 5/21/22 - 25 LD Jr			
Grace	Carter	Corona Breeze	1
Lisa	Wilke	Rio BA	2
Trade River Run - 5/21/22 - 25 Comp LW			
Katie	Vogl	My Name Is Bob	1
Olivia	Christenson	Tamanni BLM	2
Candy	Barbo	SR August Breeze	3
Debra L	Juettner	Lacy	4
Stephanie	Granke	Ruby	5
Elena	Aragon	Cadys Roll in the Thunder	6
Aga	Lisa	Noble Emotions CRF	C
Trade River Run - 5/22/22 - 25 LD HW			
Taryn	Lindbeck	TKO Rhio Bask	1
Janet	Sarver	Legacy of Khourage	2
Trade River Run - 5/22/22 - 25 LD LW			
Teresa	Fett	CR Mistiraaz	1
Shelby	Nelson	Ice Falcon LRA	2
Karla	Ovsak	Patches MN	3
Jesse	Shaddrick	Jinjersnapp	4
Kathryn	Vadnais	Nobel Effects	5
Shelly	Carroll	PV Ghazna	P
Trade River Run - 5/22/22 - 25 LD Jr			
Grace	Carter	Corona Breeze	1
Trade River Run - 5/22/22 - 25 LD LW			
Teresa	Fett	CR Mistiraaz	1
Shelby	Nelson	Ice Falcon LRA	2
Karla	Ovsak	Patches MN	3
Jesse	Shaddrick	Jinjersnapp	4
Kathryn	Vadnais	Nobel Effects	5
Shelly	Carroll	PV Ghazna	P
Trade River Run - 5/22/22 - 25 LD Jr			
Grace	Carter	Corona Breeze	1

Grand Island - 5/28/22 - 50 End LW			
Diane	Meinders	Yo Dusty	1
Karen	Bahrman	Westwind Little Big Man	2
Linda	Hamrick	Cash	3

Grand Island - 5/28/22 - 25 LD HW			
Diane	Maxey	LW Constant Sohn	1
Wes	Elford	Suzie Q	2
Bettina	Koehn	JBK Zum-Bayou	3



Grand Island - 5/28/22 - 25 LD LW			
Wendy	Maas	Renegade Raja	1
Marine	Bohly	Frango	2
Julia	Newton	Lucca	3
Jessie	Finnila	Marvelous Maven	4
Kelsey	Vincent	Frost	5
Kayla M.	Shope	Spiderintheweb	6
Stephanie	Vavra	Herbee The Love Bug	C
Emily	Seidler	Silfri Fra Twisted E	P
Grand Island - 5/29/22 - 25 Comp HW			
Amy	Broadie	No Flash Photography	1
Grand Island - 5/29/22 - 25 LD HW			
Diane	Maxey	LW Constant Sohn	1
Bonnie	Mielke	PSL Lakota Chief	P
Grand Island - 5/29/22 - 25 LD Jr			
Ilona	Jarvi	Liberdee	1
Grand Island - 5/29/22 - 25 LD LW			
Wendy	Maas	Silver Russian	1
Karen	Jarvi	Sony De Mayo Rose	2
ApDRA - 6/11/22 - 25 Comp HW			
Andrea	Pfeifer	Mytalisha's Titan	1
Jon	Wagner	Mi Victory Dance	2
Melissa	Lange	Joe	3
ApDRA - 6/11/22 - 25 Comp LW			
Katarina	Candee	Zephyrus TF	1
Jennifer	Haras	Maverick	2
Lori	Windows	Ella N Fires Jane Doe	3
Tracy	Johnson	Mombo Number Five	4
Debby	Weisbecker	JM Cest La Vie	5
ApDRA - 6/11/22 - 11 Drive			
Ray	Hubert	JimmyCrackedCorn	1
ApDRA - 6/11/22 - 50 End HW			
Sherry	Aune	Lily Creek Rhythm	1
Guy	Worthington	PA Hi-Spirit	2
Kimberly Ann	Fosler	BZ Cojeseryn Sahar	3
Amber	Erickson	Ophelia Kkan	4
Brandon	Brunner	La Grange RTA	5
Samantha	Echaves	Ritzy Rozarita	6
Deb	Searle	Sultann Sundance	C
ApDRA - 6/11/22 - 50 End Jr			
Alice	Erickson	Rushcreek Calia	1

ApDRA - 6/11/22 - 50 End LW			
Kaila	Cornell	Romeo	1
Melissa	Coolich	JG Short Stuff	2
Krista	Kester	All Gone MHF	3
Ann Marie	Barnett	VA Chazzmyne	4
Elizabeth	Frieders	UpUp And Away JIF	5
Shanon	Ployhart	BBA Fahad Al Hadi	6
Sheila	Schneider	Gypsy B Miss Behavin	C
ApDRA - 6/11/22 - 25 LD HW			
Amber	Mell	Brix	1
Ann	DeLang	Chocolate Martini	2
Frank	Langholf	BZ Sierra Sunrise	3
Nikki	Boesch	Fia Dahlia	4
Marge	Dixon	Bethany Jet	5
TJ	Edwards	Decorah's Double Delight	6
ApDRA - 6/11/22 - 25 LD Jr			
Grace	Carter	Corona Breeze	1
ApDRA - 6/11/22 - 25 LD LW			
Jane	Kirkeide	Bassim	1
Katie	Bachhuber	Indiana	2
Linda	Jacobson	AE Gimli Strength	3
Susan	Hier	Negrita	4
Tianna	Joskynski	Onyx	5
Sally	Hoff	Gloryius Trinity	P
ApDRA - 6/12/22 - 25 Comp HW			
Bonnie	Mielke	BNB Khrome Azrael	1
Andrea	Pfeifer	Mytalisha's Titan	2
ApDRA - 6/12/22 - 25 Comp LW			
Katarina	Candee	Zephyrus TF	1
Lori	Windows	Ella N Fires Jane Doe	2
ApDRA - 6/12/22 - 16 Drive			
Ray	Hubert	JimmyCrackedCorn	1
ApDRA - 6/12/22 - 25 LD HW			
Samantha	Miller	Bey Gaalan	1
Guy	Worthington	JG Randie	2
Sherry	Aune	SA Rhythms Sky Rocket	3
Amber	Erickson	Ottalia Mystic	4
ApDRA - 6/12/22 - 25 LD Jr			
Alice	Erickson	A Kings Delivery	1
ApDRA - 6/12/22 - 25 LD LW			
Debby	Weisbecker	Lady Jane	1
Jan	Worthington	Golden Lightning	2
Elizabeth	Frieders	Hotspings Fandango	3



White River Summer - 6/11/22 - 50 End HW			
Josh	Robinette	FYF Wasabi	1
White River Summer - 6/11/22 - 50 End LW			
Annie	Whelan	Wallace Hill Sundance	1
Barb	Kurti	Kulta	P

White River Summer - 6/11/22 - 25 LD HW			
Stephanie	Boomgaard	Archeus SS	1
Teresa	Mulherin	Al-Marah Fox Romeo	2
Diane	Maxey	LW Constant Sohn	3
Rebecca	Bond	Quincey QT	4
Scot	Jensen	Detonatorr	5
Laura	Roberts	Wyroth	6
Michelle	Wiegand	Hes Gens Pusher	C
White River Summer - 6/11/22 - 25 LD LW			
Barbara	Hubler	The Fourth Estate	1
Sara	Hall	WP Yippe Ki Yay	2
Lisa	Moorhouse	LSA Dark Son Rising	3
Damaris M.	Smith	Joker's Wild Streak	4
Danielle	Wilson	VA Wisteriah	5
Patricia	DeMott	Angel Power	6
Andrea S.	Redman	Myway	P
Audrey	McMurry	Powerofthetriangle	P
White River Summer - 6/11/22 - 25 LD Jr			
Abigail	Moorhouse	Frodo	1
White River Summer - 6/11/22 - 25 Comp LW			
Jan	Wylie	Dose	1
White River Summer - 6/12/22 - 50 End LW			
Theresa	Strickland	Nashtt Nasheet	2
Annie	Whelan	Wallace Hill Sundance	1
White River Summer - 6/12/22 - 25 LD HW			
Diane	Maxey	LW Constant Sohn	1
Pam	Darga	Ecliptic Azraff	2
Joelynn	Ferris	Rebel Cavalry	3
White River Summer - 6/12/22 - 25 LD LW			
Fallon	Darga	Itaque Jester	1
Damaris M.	Smith	Joker's Wild Streak	2
Lisa	Moorhouse	LSA Dark Son Rising	3
Patricia	DeMott	Angel Power	4
Danielle	Wilson	VA Wisteriah	5
White River Summer - 6/12/22 - 25 LD Jr			
Shane	Darga	Spot on a diamond	1
Abigail	Moorhouse	Frodo	2
White River Summer - 6/12/22 - 25 Comp LW			
Jan	Wylie	Dose	1

Maplewood West - 6/4/22 - 50 End HW			
Sheryl	O'Brien	Wild River Sundancer	1
Rebecca	Horihan	LC Ernani	2
Crystal	Esqueda	Lopin in Diamonds	P
Maplewood West - 6/4/22 - 50 End LW			
Jodi	Johannessen	SC Izzabella	1
Kasey	Corcoran	Sharif El Moniet	2
Karla	Ovsak	Dobella NPA	3
Michelle	Splonskowski	Nasar IBN Moniet	4
Amy	Ellingson	Gideon	5
Peggy	Pasillas	Remy	6
Maplewood West - 6/4/22 - 50 End Jr			
Ruby	Thorp	Jupiter	1

Maplewood West - 6/4/22 - 25 LD HW			
Charlotte	Tuhy	Raffimas Image	1
Sarah	Carlson	PPF Geyms Sonly	2
TJ	Edwards	Decorah's Double Delight	3
Becca	Johnson	Donald	4
Jutta	Schmidt	AF Go For Gold	5
Cindy	Simcox	Malibu Starbucks MBA	P
Sheryl	Wagner	Chili Pepper	P
Maplewood West - 6/4/22 - 25 LD LW			
Krista	Kester	All Gone MHF	1
Theresa	Meyer	Sirius Encore	2
Sherry	Legatt	SBF Capaccino	3
Sandi	Hanly	Rushcreek Ether	4
Shelly	Carroll	Peyton Afire	5
Suzanne	Warren	CR Zohlaraaz	6
Sophie	Gustafson	HJ Nikeshah	C
Megan	Thomas	Corona Breeze	C
Chip	Jack	Brunello NA	C
Ari	Norgren	Boti	C
Victoria	Robison	Bullett	C
Jessi	Vinkemeier	Mystic Dynasty PF	C
Karrie	Halbur	Karmas Alluring Lady	C
Debra	Schroeder	Carbonite	P
Maplewood West - 6/4/22 - 25 Comp HW			
Karin	Lupo	VC Premier Eddition	1
Maplewood West - 6/4/22 - 25 Comp LW			
Darlene	Molitor	VC Arieon	1
Debra L	Juettner	Lacy	2
Katie	Vogl	My Name Is Bob	3
Aga	Lisa	Noble Emotions CRF	4
Elena	Aragon	Cadys Roll in the Thunder	5
Maplewood West - 6/4/22 - 25 Comp Jr			
Allie	Oien	VC Joyful Eddition	1
Maplewood West - 6/5/22 - 25 LD HW			
Jennifer	Frerichs-Ramon	Halley's Comet	1
Matthew	Splonskowski	LK Willy Willy Cool	2
Maplewood West - 6/5/22 - 25 LD LW			
Karla	Ovsak	Patches MN	1
Michelle	Splonskowski	Berry Truly My Deco	2
Shelly	Carroll	PV Ghazna	3
Megan	Thomas	Baskin Dream	4
Sophie	Gustafson	HJ Nikeshah	5
Leslie	Lloyd	Spot	6
Maplewood West - 6/5/22 - 25 Comp LW			
Darlene	Molitor	VC Arieon	1
Maplewood West - 6/5/22 - 25 Comp Jr			
Elin	Lupo	VC Premier Eddition	1
Allie	Oien	VC Joyful Eddition	2

SIGNS YOUR HORSE HAS GASTRIC ULCERS

Appreciate—but don't rely on—the “classic” clinical signs of EGUS to help diagnose this important condition.

By STACEY OKE, DVM, MSC
The Horse Special Report. Thehorse.com

It isn't just high-energy Thoroughbreds at the peak of race training that develop equine gastric ulcer syndrome (EGUS). Rather, researchers have shown that no horse is immune to EGUS, as these painful lesions can occur even in backyard leisure horses and in feral animals.

Gastric ulcers can develop in the squamous (upper) or glandular (lower) region of the stomach. Veterinarians refer to those diseases as equine squamous gastric disease (ESGD) and equine glandular gastric disease (EGGD).

While both are considered EGUS, they are two distinct conditions with different etiologies and risk factors. To complicate things further, some horses have EGGD and ESGD concurrently.

“EGUS is important to the equine industry because it is an economically draining disease and has important welfare concerns,” says Robin van den Boom, DVM, PhD, Dipl. ECEIM, of the Department of Equine Sciences, Faculty of Veterinary Medicine, at Utrecht University, in the Netherlands. “Gastric ulcers cause pain/discomfort in most horses. And while some horses with EGUS don't show obvious clinical signs or pain, they are ‘happier’ when treated with omeprazole.

Finally, stress is a factor in the pathogenesis of EGGD (and possibly ESGD), suggesting that horses with EGGD are exposed to stress.” Affected horses can exhibit poor performance, behavior changes, dull coats, and decreased appetites and generally seem “not quite right.” But these clinical signs have also been reported for many other conditions, including intestinal parasitism and dental disease, for example.

Let's review what science says about classic clinical signs of EGUS.

POOR PERFORMANCE

When athletic horses aren't performing at their best, EGUS frequently gets the blame. “I believe (EGUS) can cause reduce performance,” says van den Boom. “However, a causative relationship between EGUS and poor performance is difficult to prove.” While EGUS might affect performance, other causes must be considered, given the many factors that potentially contribute to poor performance (Sykes et al., 2015). In the European College of Equine Internal Medicine (ECEIM) Consensus Statement—Equine Gastric Ulcer Syndrome in Adult Horses, authors agreed that few studies had investigated the relationship between poor performance and EGUS.

In a 2009 study Nieto et al. found decreased VO₂ max and VCO₂ max—both indicators of cardiovascular fitness—in Thoroughbreds with experimentally induced ESGD.

In a 2018 study of 109 racehorses, Sykes et al. found Thoroughbreds racing below their expected level were 3.7 times more likely to have EGGD than those racing at or above expectation, suggesting EGGD is performance-limiting. Gastric pain's effect on stride length and ventilation could result in reduced athleticism, they theorized.

DECREASED APPETITE/BODY WEIGHT/GENERAL CONDITION

Some owners report their horses with EGUS are “fussy eaters” or have markedly reduced appetites. Poor body condition in actively training and competing racehorses frequently gets attributed to EGUS. “There are many possible causes for poor body condition,” says van den Boom. “For example, Thoroughbreds may simply not be obtaining enough energy from their diet to support their high caloric demands.”

Finally, while horse owners might believe poor coat quality suggests the presence of gastric ulcers, no research supports this assertion.

COLIC

Data suggest horses with EGUS suffer mild, recurrent bouts of colic. In a 1992 study Murray reported that 83% of 111 horses with recurrent colic were diagnosed with gastric ulcers. Of those, 28% responded to acid suppressive treatment, suggesting EGUS management helped reduce recurrent colic occurrence.

Riders have also reported their horses' showing signs of abdominal discomfort when tightening the girth. Anatomically, this makes sense. "Studies have shown that exercise causes increased abdominal pressure, pushing acid up against the squamous mucosa ... a similar mechanism may result from girth tightening," van den Boom says.

BEHAVIOR CHANGES

Many owners believe nervous horses are more likely to have EGUS than calm ones, though no data support this. In fact, in a 2019 study Sykes et al. found no difference in EGUS occurrence related to horse temperament.

Authors of the ECEIM consensus statement report an association between crib-biting and ESGD, presumably because the contracture of the abdominal muscles splashes acid onto the squamous mucosa. Finally, teeth grinding (bruxism) and self-mutilation are reported signs of EGUS, but no data are available to support or refute an association between the two.

SCOPE, DON'T HOPE!

Equine gastric ulcer syndrome might be an easy way to explain away a variety of vague clinical signs, but we can't make the leap from compatible clinical signs to firm diagnosis. "Gastroscopy is necessary to confirm a diagnosis of EGUS," said van den Boom. "Even if ulcers are found, this does not necessarily confirm EGUS as the cause of the signs. There is no strong epidemiological evidence to support a causal association

between EGUS and clinical signs frequently attributed to EGUS."

SIGNS OF ULCERS

He added, "We might be overestimating the clinical significance of EGUS. We regularly see ulcers when we scope horses without clinical signs. We could either be missing the clinical signs or the ulcers are not relevant." The ECEIM consensus statement authors also recommend gastroscopy to confirm EGUS, rather than diagnosing based on clinical signs.

TAKE-HOME MESSAGE

No clinical signs firmly indicate an EGUS diagnosis. In fact, many horses diagnosed via gastroscopy have no obvious clinical signs, or signs so subtle owners fail to recognize them. While the expense and logistics of performing gastroscopy might make some owners balk, it's the only way to definitively diagnose EGUS, be it EGGD or ESGD.

Clinical Signs of ESGD vs. EGGD

Most early gastric ulcer research did not make a distinction between ESGD and EGGD. "They tended to focus on ESGD," says Robin van den Boom, DVM, PhD, Dipl. ECEIM, of the Department of Equine Sciences, Faculty of Veterinary Medicine, at Utrecht University, in the Netherlands. "Also, shorter scopes were sometimes used, which would not have reached the pylorus and potentially could have missed lesions in the glandular region of the stomach."

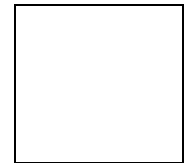
In 2019 a British veterinary team (Varley et al.) reported that horses diagnosed with EGGD appeared to present with similar clinical signs as horses with ESGD. In that study the most common owner-reported signs of EGGD in 63 sport horses were poor performance (65%), behavior changes (33%), girthing pain (31.7%), weight loss/poor weight maintenance (9.5%), signs of abdominal pain including colic and teeth grinding (7.9%), appetite changes (6.3%), and coat changes (4.8%). Sixty-eight percent of horses had two or more of those signs. The two most common combinations were:

1) girthing pain and poor performance and 2) poor performance and changes in behavior. “The clinical signs reported in that study can strongly suggest the presence of EGUS but still should not be used to make a diagnosis or assess response to treatment,” says van den Boom. “Further, clinical signs cannot be used to differentiate between ESGD and EGGD, especially because the two diseases can occur concurrently in the same horse.

Have you checked out the new AERC website? Lots of great representation from the Upper Midwest in the photos!!!



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Deadline for Next Newsletter:
 5th of each month Send
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