

UPPER MIDWEST ENDURANCE AND COMPETITIVE RIDES ASSOCIATION



From the President

Unfortunately, the 2020 UMECRA ride season remains in a holding pattern as we all wait for some type of clear direction as to how to proceed with rides safely. At this time there still is so much uncertainty about individual state and local restrictions, it is impossible to predict how long it will take to work things out.

What we do know is that AERC has reinstated sanctioning of endurance rides as of June 1st if certain terms can be met by individual localities and ride managers. It is important that all UMECRA Ride Managers are aware of these terms and the specific measures they will need to meet to have their rides re-sanctioned by AERC. I have included those specific terms below in an effort to assure that everyone knows what standards they are expected to meet. I also want to inform all UMECRA Ride Managers and riders that I have recommended to the UMECRA Board of Directors that UMECRA tentatively adopt these same set of standards for the approval of any **Competitive Trail Only** rides that individual Ride Managers may attempt to hold if it isn't possible to hold the endurance portion of a ride due to the AERC restrictions. At the time of this writing, the BoD was still in the process of discussing this possibility along with other issues it realizes it may need to address. As soon as a decision is made by the board about this or any other concern, we will inform everyone of the nature of those decisions by email, posting to the website and newsletter.

One of the issues the UMECRA BoD is discussing and trying to get a handle on is what to do about awards for the 2020 ride season. As of May 15th, over 20% of our competitive ride season has been lost, impacting ride opportunities in each state within UMECRA's region. If we lose all of our June rides, we will have lost over 35% of our total rides and a minimum of 30% of the ride opportunities in each state within the region. Some tough decisions lie ahead.

I would once again like to encourage all members of UMECRA to reach out to your Board Representatives and share with them your thoughts and suggestions about these issues. Your insights can help the board to ultimately make decisions that reflect the desires of the majority of our membership.

Please stay safe.

Jon Wagner

UMECRA President

AERC TERMS for SANCTIONING REINSTATEMENT

- 1) The State/locality where the ride is to be held must allow 50 or more people at a gathering (this number includes ride management, vets, support crews, etc.)**
- 2) The State/locality must allow recreational events.**
- 3) You must show proof of permission to hold your event from the County Commissioner/Health Dept.**
- 4) Proof of land use permit.**
- 5) No stay at home restrictions within the State/County.**
- 6) Ride Managers must provide a Covid-19 Prevention Plan.**
- 7) The RM is responsible for submission of the above documentation to AERC at least two weeks in advance of the ride date. Ride approvals will be made by committee within 48 hrs. of receiving information.**

Endurance Clinic Cancellations:

March 28, 2020 DRAW Distance Riding Clinic

April 18, 2020 MNDRA Intro to Distance Riding Clinic ****Postponed****

April 25, 2020 Endurance 101 Clinic, Illinois

April 26, 2020 Iowa Distance Riders Clinic

Save the Date!

UMECRA 2021 Convention in Minnesota

January 22, 23, and 24

La Crescent Best Western and La Crescent Convention Center

595 Veterans Parkway

La Crescent, MN 55947

<https://www.lacrescentareaeventcenter.org/>

Reservation Information, Banquet and Schedule will be posted in the fall.

We look forward to seeing you there!

Advertising in the UMECRA Newsletter

Rates depend on the size of your ad and how many times you wish to run it:

Ad Rates for Newsletter	1 time	2-3 times	4-8 times	9-10 times	the year
Classified 10 lines * \$.60 extra per line	\$6.00				
Business Cards	\$8.50	\$6.80 ea.	\$5.95 ea.	\$5.50 ea.	\$51.00
Quarter Page	\$20.00	\$16.00 ea.	\$14.00 ea.	\$13.00 ea.	\$120.00
Half Page	\$25.00	\$20.00 ea.	\$17.50 ea.	\$16.25 ea.	\$150.00
Full Page	\$45.00	\$36.00 ea.	\$31.50 ea.	\$29.25 ea.	\$270.00
*Line = (65 Characters per line including spaces)					

IMPORTANT REMINDER

Setting Ride Times

I've been asked to remind Ride Managers that when figuring out ride times for Competitive Trail rides that they remember to use the parameters set under our Competitive Rules:

2. Management Requirements A. The maximum riding speed shall average 5.5 to 7 miles per hour. Determining ride times using these guidelines assures uniform ride times across UMECRA rides avoiding large discrepancies from one ride to another.

Jon Wagner, UMECRA President

Just a quick reminder and heads-up to Ride Managers to be sure and ask riders to show you their current AERC membership cards. This is especially true if you don't know the rider or if it is someone who hasn't attended your ride in the last year or two. There have been a few reports this ride season of non-AERC riders forgetting to pay the \$15 "Day Member" fee. As a Ride Manager, you are ultimately responsible to pay all fees including those non-AERC member fees. Avoid the hassle of trying to track down those people after your ride is over to collect day member fees and ask for proof of AERC membership when initially registering riders.

Herd Health and COVID-19

A quick note about horse and human herd health. First horse herd health, just a reminder that it is vaccine season and we need to still be vigilant about making sure our horses are vaccinated for at least the core vaccines. This includes Eastern and Western Encephalitis, West Nile Virus, Tetanus and Rabies. These diseases are almost always fatal in horses. The last time we had economic uncertainty during the recession in 2009 we saw a large increase in the number of horses contracting Eastern Encephalitis because people were skipping vaccines. It's easy to think that you can just skip one year or do it later but I would strongly encourage you to stick with your "normal" vaccine routine for your horses. If you have questions about which vaccines or when to vaccinate you should contact your regular veterinarian.

When we return to rides, we need to keep in mind human herd health as well. It is almost certain that COVID will not fully go away and as we try to get back to a new normal, we should plan on maintaining social distancing guidelines of 6 feet for quite some time. At ride events this means please don't crowd the vet box or your gear at camp. We will all need to be mindful of people's space and taking turns. I have confidence we will all be camping and riding this summer at some point so please take the time to plan now how best to maintain your horses herd health as well as your own at rides.

Dr. Jennifer Lorenz, DVM

Rider and Horse Numbers are Important

UMECRA tracks the points and mileage for horses and riders via individual numbers. Each person is assigned a number when you become a member for the first time, and this becomes your permanent number. If you also have an AERC number, we ask that you please check your online record and if we don't have that on file please notify either Robin Schadt or Nicole Mauser-Storer. If both numbers are on record you can register at any UMECRA ride using either your AERC or your UMECRA rider number, the two will cross reference and you will always receive points and credit for your ride. To find the information please look at UMECRA.com, hover over the "Results" button and select "Rider Numbers". From there enter any part of your first or last name to search and see what we have on file – including your membership date for the current ride season.

Horse numbers are also critical. There are many people in the history of UMECRA who have ridden "Spot" or "Blaze" and to make sure your "Spot" gets proper credit for miles the only way to do that is for each horse to have a number. If your horse has an AERC number UMECRA uses that number so you only have to remember one number, but you do have to tell us that your horse has a number. We do not automatically receive information from AERC. If you don't have an AERC number for your horse we will assign a UMECRA number, you just ask either Robin Schadt or Nicole Mauser-Storer. If you have a UMECRA number and later get an AERC number, much like with the rider numbers we add the AERC number to the horse's record and you can then enter using either number and your horse gets credit for all points and miles, but you have to tell us what that number is, we do not have a direct data connection to AERC. To see the information we have on file look at UMECRA.com, hover over the "Results" button and select "Horse Numbers". From there search on any part of the horse's name and see what comes up.

If you look at the points standings or a set of ride results all horse and rider names are links to that individual's history from what could be made electronically available. If you find your name in the points standings and the horse name is blank that means we don't have a horse number assigned for you.

Arabian Horse Association (AHA) Regional Competitive Trail and Endurance Championships Explained

*Do you own or lease a registered Arabian or Half Arabian?

*Are you a member of an Arabian Horse Association club (i.e. AHDRA) and have your competition card (full membership)?

*Have you been competing in distance riding with this equine?

Chances are you are eligible to compete in the AHA Regional Ride. The Region 10 competition is being held at Southeast Minnesota ride June 20, the Region 11 Competitive is at AHDRA's Endure ride on June 6, the Region 11 Endurance ride is being held at Rock River Charity August 15, and the Region 13 ride is at Metro Park Express on August 8 and 9.

The Regional Ride, is an additional layer, if you qualify, and choose to enter a regular UMECRA endurance or competitive ride at these three select rides. Often there is an additional fee because there are additional prizes if you win.

If you have a Breeders Sweepstakes nominated horse, there is an increased incentive to enter, as you have a chance to win prize money this year. \$600 will be divided between the top 5 places in Purebred Arabian and \$600 for the Partbred Arabian division at each regional competition.

Don't know if you have a Sweepstakes horse? Check you horse's papers for this logo:



The endurance rides are run the same way as AERC rides with all the rules and regulations, except divisions are Purebred Arabian, and Partbred Arabian. There are no weight divisions. The competitive ride has a different scoresheet and rules, but is run similarly to the UMECRA ride. Check out the rulebook online: <https://www.arabianhorses.org/export/content.export/aha-docs/AHAHANDBOOK.pdf>

Not an AHA member yet? Join the Arabian Horse Distance Riding Association (AHDRA). The membership form link is in the top paragraph of this page: <https://www.ahdra.org/membership-rules-bylaws-minutes.html>

At the ride there is an additional entry form to fill out, so please have your horse's registration number, your competition card and the owner's (if different) AHA number with you when you check in. Please refer to the AHA Handbook for minimum mileage requirements before entering.

Thanks and see you on the trail!

Looking for new places to ride in your area and beyond?

Check out: <http://trailmeister.com/>

Lots of information there on trails and all things trails! Search by city, state, even zip codes! You can even add trails that you know about.

Originally Published in May 2020 Endurance News

Getting an older horse ready to ride

The 2019 National LD BC winner shares her story of starting an older horse in the sport

by Samantha Miller

There is a saying: "You can't teach an old dog new tricks." I like to believe "we are only as old as we act" to be truer, from what I have experienced with my 22-year-old Arabian gelding Gilligan. This past year he took the national best condition award in limited distance with seven best conditions, 10 firsts and two seconds.

Something most people don't know about Gilligan is that he had very little trail riding experience until he was 18. We have been together for 20 years. We started our journey in the Arabian show ring, which didn't work out.

I never heard the term "race brain" until I started learning about this sport and he is the textbook definition. So, if you can picture that race-brain horse you see on trail in an arena of 30 other horses going around at a hand gallop, it isn't pretty. At home by ourselves, you'd think we had a chance to make it to nationals. His movement and presence are beautiful and eye-catching, but when we got to a show all he wanted to do was catch that next horse.

We tried for four years before switching to dressage, which he did really well. At this

time I turned 18 and my parents said that if I wanted to keep competing it was my financial responsibility. As you can guess that was our end of showing. Throughout college and while starting my career, he just sat in the pasture and we enjoyed a few rides when I could get home.



Sam Miller and Gilligan. Photo © Bob Zimmerman, www.flickr.com/photos/kaleidobob

Fast forward to 2015-2016: I moved back on the farm and was able to bring my horses with me. I no longer had access to an arena, but I do have 12 miles of trails at my disposal right out my door. It was a slow start. There was a lot of trust that had to be built on both our parts. Even the thought of riding him on a loose rein was hard to wrap my mind around. He is strong, huge mover and I thought if he wasn't collected he would have the idea of unbridled freedom and be uncontrollable.

The first month we spent walking the same mile-and-a-half loop. This is about the time my friend Linda Jacobson started coming over with her endurance horses, and after our first ride together she planted the idea of giving distance a chance with him.

Honestly, I thought she was crazy. He was 17 at the time, with minimal trail exposure,

and I was convinced that if I were to ask him to do anything but walk I'd never get him to stop. From here Gilligan and I spent probably a year just walking our 12 miles of hills, getting to know each other on a new level. Then one spring afternoon everything just clicked.

I'll never forget the feeling of that moment he and I became a "we." Halfway through our ride we came to one of our long hills. I leaned forward and said "OK." Somehow he knew, and at that moment we flew. My fear of never getting him to walk again vanished—why walk when you have wings?

No worries, he does walk (sometimes). That summer we attended our first ride, signing up for the Friday LD not having a clue what to expect once other horses came into play. Linda was there for us and I'm convinced we would have never survived without her.

To say we were hooked would be an understatement. Gilligan has never been happier than when he is on trail at rides. My takeaway: If you are starting an older horse in this sport, start slow. Their minds and bodies have been programmed all those years one way and it is hard to modify some of those old lessons that were drilled into them. I would compare it to NASCAR racing. Those drivers have been running at high speeds, always turning left; now imagine asking them to turn around and race turning right.

Gilligan still struggles with realizing he can eat with a bit in and while I am on him. It is frustrating, but I can't blame him. In our show barn eating with a bit was a hard no.

Having a friend/mentor with knowledge of competing on senior horses is worth its weight in gold. When we got started, Linda was successfully competing on three horses, all in their mid to upper twenties. My final parting thought: if your horse is healthy and enjoys what he is doing, trot on!

Do you have an article or photo you would like to submit for the next newsletter?

Send them to: brenna.starch@yahoo.com or umecranews@gmail.com

Ride-ready: start slow and steady

Marci Cunningham took her new horse from zero experience to a first 50 in eight months

by Marci Cunningham

A year ago an email came my way from a friend regarding an available 11-year-old Arabian gelding with Crabbett bloodlines. I was intrigued as he was well-bred and reasonably priced.

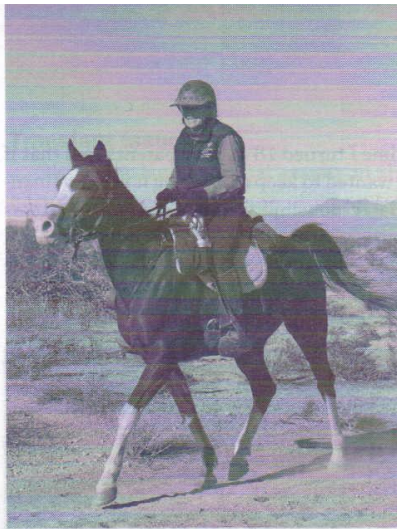


I wasn't in the market for another horse but since deciding to give Fire Mt Zoom+ (5,665 miles) some well-deserved time off from endurance, I didn't have a horse to ride. After getting more info including a video under saddle and at liberty, I decided to go look at him. He was seven hours north of me, so I asked my best friend, Dona Schilling, to join me in the trip, taking my trailer to bring him home if I bought him.

Turns out he had spent all his under-saddle experience in a round pen or arena, but I decided to take a chance after riding him—partly because his trot was so smooth. Because of his lack of trail experience, I was able to negotiate a lower price, though the savings were eventually spent for training (but more about that later). The next morning, I loaded WP Aur Mystic Gem and drove home to Bakersfield.

Because of working full-time, I was only able to ride him on the weekend. We started out with easy walking rides of about an hour in length, gradually adding some trotting. Soon I was spending at least two hours in the saddle on our once-per-week rides. Because he was in irrigated pasture with the ability to move at liberty, I wasn't too worried that he was only getting ridden once per week.

It became obvious that there were some big holes in his training, and I quickly learned that I couldn't relax on him as he had explosive moves when frightened. Some might have given up on him at this point, but I felt he was teachable and capable of learning not



Marci Cunningham and WP Aur Mystic Gem at their first LD ride, held at the same venue as the 2019 AERC National Championship rides. Photo © Merri Melde.

to fear strange objects. Bicycles on the paved bike trail didn't bother him but a bike coming towards him in the dirt caused panic.

I started toying with the idea of taking him to a friend, Callie Thornburgh, for a month of trail training. However, Callie didn't have time for him until November and I wanted to take Gem to at least one LD ride that fall. The National Championship ride was the only October ride in my area, so I entered the LD and held my breath. Prior to his first LD, his longest training ride was 15 miles with most between five and 10 miles.

I was hoping for a low-key ride venue but that wasn't the case with the fairgrounds full of horses. To his credit, Gem took everything in stride and camped well. I started the ride well after the LD horses left camp and told him it was just a trail ride. Soon, Sandra Harris, on her beautiful palomino, Sayir, caught up with us and we rode together all day. At the vet check Gem pulsed down quickly, drank deeply and ate whatever was in front of him. We were near the tail end which was exactly where I want to be when starting a new horse.

Placings have little meaning to me and my only concern was that my horse was EDPP, (eating, drinking, pooping and peeing). I first heard this acronym from Dr. Jamie Kerr many years ago and use it to assess my horse at every endurance ride. Eventually the LD trail would join the 50-mile trail for the final five miles, and I was concerned how Gem might react if a 50-miler came blowing by us in the wide open desert. Several cantered by but I had moved off the main trail to a single track, so he handled it quite well.

All in all, I was pleased with Gem's first ride. Now it was time to think about a 50-mile ride but first he needed to spend some time at Callie's ranch.

About mid-November I trailered Gem to Inyokern, California, for his four weeks of training. I have tremendous respect for Callie, who comes from hardy endurance stock. Her dad was Bill Thornburgh, for whom the AERC family award is named, and Callie's first endurance ride was the Tevis as a teenager.

The plan was for Callie to work with Gem during the week and I would drive the two hours from Bakersfield each Saturday for arena work with her other students, spend Saturday night in my trailer (which I left parked at the ranch), and go out with Callie and friends for a long ride on Sunday. It was during the lessons that Gem learned to deal with his fear of traveling next to other horses or having a horse come towards him.

Callie's arena is filled with obstacles which Gem learned to negotiate all while being surrounded by riders on horses traveling at various gaits. For a horse like Gem who had lived a sheltered life, this was a big eye-opener, but he is very smart and picked up on what was expected of him. The consistency of the riding and handling while at Callie's was

Ride-ready: start slow and steady . . .

what I couldn't give him at home, and it was important for me to realize this was needed if Gem's training was to progress.

The Fire Mountain Ride in January 2020 was chosen to be Gem's first 50. I have ridden this ride many times and it is a good first 50 for a novice horse, with three loops and all vet checks in camp. I was able to ride with Callie and her trusty gelding, Trickhey Chili Chacha, and we finished at the tail end with both horses looking great in a ride time of just under nine hours. Both horses ate and drank

well all day and the weather was perfectly cool with no wind, which is special for Ridgecrest.

My sole purpose in writing this article is to show that it doesn't take years to get your horse ready for its first 50. It is important to note that I am an endurance rider and not an endurance racer, so someone interested in racing probably would not be successful with my riding and training schedule for Gem.

What is wonderful about AERC is that all types of riders have a place in the sport. I brought Gem home in May and eight months

later he completed his first 50. There were obstacles to overcome and he still has much to learn but with commitment and perseverance we are making progress with each ride.

I don't know if he will be a high mileage endurance horse but at my age that isn't too important. What is important is that I have fun riding trails with my friends and equine partners.

PS Region member Marci Cunningham has more than 21,000 endurance miles. Her future decade horse Fire Mt Zoom+ has 5,665 miles and was the 2016 AHA Distance Horse of the Year.

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Evicting Ticks

Removing ticks from your horse isn't as tough as it sounds.

CHRISTINE BARAKAT, UPDATED: JUL 25, 2019, ORIGINAL: MAY 9, 2003; EQUUS Magazine

Removing a tick from a horse can be tricky -- particularly for the squeamish. This disease-carrying insect has a strong jaw that anchors it to its host; thus, during removal it's easy to leave the tick's head embedded in the skin, inviting infection.



Ticks are usually found at the base of the mane or tail. |

Several commercial tick-removal devices are available, but a simple technique recommended by the American Lyme Disease Foundation, Inc. also works: Using splinter forceps or tweezers, grasp the tick as closely to the skin as possible and gently pull it straight out. Don't worry if the ticks' mouthparts are left in the flesh; they should not cause a problem. After removing the insect, apply an antiseptic to the site.

For less immediate but equally effective results, swab the tick in both directions with a cloth soaked in baby oil or rubbing alcohol. This suffocates and kills the tick, but it may remain attached to the horse for hours or even days before falling off.

Plan Your Next Ride!

Ride Dates	Ride Name	Ride City, State	RM Name	RM Email
April 18-19	Brighton Spring **Cancelled**	Howell, MI	Lisa Germann	sandraowright@gmail.com
May 2-3	MnDRA I **Rescheduled 8/29-30**	Hinckley, MN	Michelle Fedewa	michelle.fedewa@yahoo.com
May 2-3	White River Spring **Cancelled**	Hesperia, MI	Pete Weiringa	beckeg@aol.com
May 8-10	Glacier Trails **Cancelled**	Palmyra, WI	Romona Radtke	ward.elizm@gmail.com
May 16-17	Border Battle Boogie **Cancelled**	Cushing, WI	Deb Moe	BorderBattle@mndra.com
May 23-24	Grand Island **Cancelled**	Rapid River, MI	Kathy Macki	k_macki@yahoo.com
May 30-31	Maplewood West **Cancelled**	Pelican Rapids, MN	Sarah Peltier	peltier.sa@gmail.com
June 6-7	AHDRAs Endure **Cancelled**	Chanderville, IL	Nicole Mauser-Storer	n.mauserstorer@huskers.unl.edu
June 13-14	ApDRA	Palmyra, WI	Dawn Haas	jehaas@centurytel.net
June 13-14	White River Summer	Hesperia, MI	Pete Weiringa	beckeg@aol.com
June 20-21	SE Minnesota	Preston, MN	Theresa Meyer	thmeyer753@gmail.com
June 20-21	Grand Island North	Limestone, MI	Karen Bahrman	kbahrman@gmail.com
June 27-28	Dead Dog Creek	Kinmundy, IL	Linda Mowrer	ridedeaddog@hotmail.com
July 3-4	Endless Valley	Avoca, WI	Linda Jacobson	jdisawesome@lycos.com
July 11-12	AHAM-Hopkins Creek	Manton, MI	Gene Dake	dedake6196@gmail.com
July 11-12	Mosquito Run	Rogers, MN	Peggy Pasillas	peggy@pasillas.net
July 18-19	AHDRAs My Backyard	Brimfield, IL	Sarah Mowrer	dammitthunder@yahoo.com
July 24-25	Northern Lightz **Cancelled**	Twin Valley, MN	Michelle Splonskowski	shelboit@gmail.com
July 25-26	Warhorse	Palmyra, WI	Christine Hyke	christinahyke@gmail.com
July 24-26	S2S II	Hale, MI	Diane Meinders	Diane.meinders@gmail.com
August 8-9	Louise Riedel Memorial	Arkdale, WI	Elinore Tonsor	helinoreltonson@earthlink.net 414-975-3244
August 8-9	Metro Park Express Ride	Milford, MI	Mindy Nagy	melindasmeyers@gmail.com
August 15-16	Huntersville Hundred	Huntersville State Forest, MN	Sarah Maass	sarahmass@hotmail.com
August 15-16	Rock River Charity Ride	Franklin Grove, IL	Tony Troyer	il4aerc@aol.com
August 22-23	Northern Highland	Conover, WI	Laurie Henschel	ridgeviewwalkers@frontiernet.net
September 5-7	White River Fall	Hesperia, MI	Pete Weiringa	beckeg@aol.com
September 12-13	Charity Cup **Cancelled**	Pillager, MN	Darlene Moliter	valleycreekfarm1@gmail.com
September 12-13	Keweenaw	Marquette, MI	Karen Jarvi	kjarvi0914@gmail.com
September 12-13	Lincoln Trail	Kinmundy, IL	Ruth Stewart	rrstewart2002@yahoo.com
September 18-20	Colorama	New Prospect, WI	Jon Wagner	wagnercarol13@yahoo.com
September 26-27	Run Cut Foot Run	Deer River, MN	Sarah Maass	sarahmaass@hotmail.com
September 26-27	Pine Marten	Wetmore, MI	Karen Bahrman	kbahrman@gmail.com
October 2-4	Spirit Horse	Palmyra, WI	Laura Savatski	laura.savatski@bcw.edu
October 10-11	Iron Oak	Arkdale, WI	Ruth Casserly	casserlytimruth@gmail.com
October 10-11	Oak Leaf Run	Hamilton, MI	Barb Kurti	synerator@aol.com
October 16-17	Point Chaser	Theilman, MN	Holly Egerer	regerer287@aol.com
October Oct 31 - Nov 1	AHDRAs Big River	Keithsburg, IL	Jim Andriakos	cgswymcoach@yahoo.com



For Office Use Only:
 Date Rec'd _____
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 DB entered? _____
 Date deposited _____

UMECRA



PERSEVERE

**UPPER MIDWEST ENDURANCE AND
 COMPETITIVE RIDE ASSOCIATION
 MEMBERSHIP FORM**

Membership year: _____

CIRCLE ONE:

Single \$ 25 Family* \$35 - electronic newsletter
 Single Junior - \$10 – Electronic newsletter

If you do WANT a hard copy of the newsletter sent to you- please check this box and add \$10

If you WANT a hard copy of the Ride book sent to you- please check this box and add \$10

If you do NOT want your name and contact info in the membership book, check this box:

Ride book is available for free by downloading the PDF file at www.umecra.com on the schedule page

 Check one: RENEWAL NEW MEMBERSHP

**Family memberships shall consist of one or more related, or coupled as significant other, adults, and/or children of such adults who are less than 18 years of age, all of whom reside in the same household.*

Please include all names of eligible family members.
PLEASE PRINT CLEARLY and LEGIBLY!

Date: _____

AERC MEMBER NUMBER(s) (if applicable): _____

AERC HORSE NUMBER(s) (if applicable): _____

UMECRA MEMBERSHIP NUMBER(S): _____

Name(s): _____

Address: _____

City, State, Zip: _____

Phone number (s): _____

Email: _____

Please mail completed form along with check made out to UMECRA to:

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