

July 2016

# UPPER MIDWEST ENDURANCE AND COMPETITIVE RIDES ASSOCIATION



### Honoring Our Longtime Riders

Today I'd like to thank our veteran riders, drivers, and members in UMECRA. Thank you so much for coming back year after year and riding and competing or hosting a ride or volunteering. We would not have UMECRA if it wasn't for you riders, ride managers, vets and volunteers who return again and again. Many of you share your knowledge, expertise, skills and experiences - we thank you for that. Many of you help others through rough times in numerous ways - we thank you for that. Many of you are concerned about the success of fellow competitors and ride managers and do what you can to help - we thank you for that. Many of you keep growing and educating yourselves. You are curious and always want to improve yourself, your riding, and your equine management - we thank you for that. We appreciate the way you have persevered over the years and we can all learn from this. Think of another rider or driver, ride manager, vet and volunteer who has done something for you - send them a thank you note or thank you message. It will brighten their week and yours too!

See you on the trail,  
Theresa Meyer  
UMECRA President

*Theresa Meyer*, President

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**Attention all UMECRA members!**

**Make sure you check UMECRA.com for any**

**last minute ride changes. Ride**

**times, locations and events can**

**change from the original**

**flyers. When in doubt, contact**

**the ride managers for**

**additional information if**

**needed**



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**Looking for new places to ride in your area and beyond?**

Check out <http://trailmeister.com/>

### How to plan your summer...

Ride Name	Ride City	State	Date
AHDRA I - My Backyard	Wyanet	IL	7/23-24
Bonecrusher Ride	Palmyra	WI	7/29-31
Shore-to-Shore	L Huron to L Michigan	MI	8/7-13
Louise Reidel Memorial	Arkdale	WI	8/13-14
Rock River Charity	Utica	IL	8/20-21
Huron River Ride	Milford	MI	8/20-21
Run for the Cactus	Granite Falls	MN	8/20-21
Northern Highland	Conover	WI	8/27-28
White River Fall-Labor Day	Hesperia	MI	9/3-5
Charity Cup	Pillager	MN	9/10-11
Keweenaw	Marquette	MI	9/10-11
Lincoln Trail	Kinmundy	IL	9/10-11
Colorama Classic	Greenbush	WI	9/17-18
Tin Cup Springs	Luther	MI	9/17-18
Run for the Ridge	Fairfax	MN	9/24-25
Pine Marten Run	Wetmore	MI	9/24-25
DRAWarama	New Prospect	WI	9/30 -10/2
Iron Oak	Arkdale	Wi	10/8-9
Oak Leaf Run	Hamilton	MI	10/15-16
Point Chaser	Theilman	MN	10/21-22
AHDRA III-Big River	Keithsburg	IL	10/29-30

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## **Musing from the Timer's Table**

I don't know how many of you have tried musing at the timer's table since I broke the news about what knowledge could be gleaned there. This is my second ride season of reporting on what insight may be had by all who participate at the timer's table. It is still ongoing this year. One thing must be remembered, however, and that's that one must not come to the musings without any anticipations in mind. What happens.....happens. Another point to remember is that no matter who is musing it is all relevant and valuable as a point of view. One musing is no more important than another. It is considered, however, that a musing by one with lots of history behind the thoughts is probably to be relished and mulled over for awhile.....not to be taken lightly but to be allowed its place in relevance!

The price of diesel fuel was brought up by an Illinois muser. He said that the price of diesel fuel is less than the price of regular gasoline where he lives in the Flat Land. We felt that it ought to be so. Diesel fuel is less refined than gasoline. It is a single product not a mixture of 2 combustibles, alcohol and gasoline, produced at different sources, then shipping and mixed to make one product. Diesel fuel ought to be cheaper!!!

We were enjoying really nice weather. The Friday night temp got down into the 50's and we had to sleep with blankets on. The Rudolphs from the south around Springfield, Illinois had to use horse blankets to keep warm while sleeping because they hadn't brought anything heavy enough from home. The grass was really wet in the morning which made some of the trails on the sod ground really slippery early. One horse right behind me had its hind end slip out from underneath it completely and went down. Max's dog drinks water out her hand as she pours it from a bottle. Don't know why Max doesn't pour the water into a bowl and let the dog out of that. But it is a pretty cool little trick she showed us. I suppose you always have your hand with you to let the dog drink out of and if it works then why not do it?!

Did you know what a calf is called at a slaughter plant that is from a pregnant cow that is butchered? It is called a 'SPLUNKER'. It is called that because when the carcass of the cow is opened up to remove all the entrails, the calf falls out and makes the noise on the floor that sounds like "splunk". Now what this has to do with endurance riding, timing, vetting, or just life in general on that day, I don't know. But it is an interesting fact and was discussed at the timer's table. It made us muse about the word.

Musing about the Federal government program to trapping and leg banding of the Band Tailed Pigeon was another subject that, now you think of it, can't be explained why it was brought up. The pigeon is migratory and sometimes considered residential. The bird inhabits the western part of the US and Canada from British Columbia all the way into Mexico. It is considered a migratory fowl species then. According to Wikipedia the Band Tailed Pigeon mimics the passenger pigeon which is now considered extinct.

I don't how many timers are holding the cards for the endurance and LD riders, but it is very popular here in the upper Midwest. It causes our musings to be interrupted sometimes but makes riders very happy when they can ride or walk up to the timer table and receive their ride card with their 'in' time already on it. The vets appreciated the nice clean cards as do the ride secretaries at the end of the day when they compile results. Some riders, however, get caught up in the interesting musing. Not just because the topics are so interesting but also because their crew person has been in on the musing and draws them right in with a statement like, "Did you know what a 'splunker' is?" or "Did you ever eat pigeon?" These kinds of statements just pulls their attention away from their sore aching bodies and get them thinking again.

While musing about our musings I thought that we should share the definition of 'musing'. It's not a commonly used word you know. Number one definition was 'think in a dreamy way; think; meditate. Another definition is; to say thoughtfully. Synonyms (words that are like muse) are; to ponder, reflect, ruminate. So you see we aren't just participating in meaningless rhetoric when we muse. We are actually

thinking very discerningly about our topics. Another definition down on the list was something about a spirit that inspires a poet or composer. But I don't think that this was pertinent to our situation. Ride well and as Dr. Mathew McKay-Smith used to say, "Never Hurry---Never Tarry!!! Wesley G. Elford DVM



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**Ride Results!!!**  
 Report discrepancies to Robin Schadt!

Border Boogie - 5/21/16 - 25 mi Comp HW			
Katja	Wiedrich	Sweet Honey de	1
Carmen	Steuck	Phoenix	2
Becki	Sanford	Stryka Major Chord	3
Brenda	Garrison	Sonya MCF	4
Joan	Thiel	A Risky Encounter	5
Border Boogie - 5/21/16 - 25 mi Comp LW			
Krystyna	Eischens	Chips Diamond Reholla	1
Mary	Lambert	High Tail Hanna	2
Bev	Specht	JH Arabalest	3
Ruth	Casserly	Auran HarleyDvdsn	4
Maria	Enge	Faustos Flame JB	5
Theresa	Meyer	Queen Heartt	6
Diane	Schermerhorn	High Ole Matilda	6
Linda	Goddard	Regal Task	C
Victoria	Robison	FC Zhivago	C
Colleen	Morgan	SC Cassa Nova	C
Jesse	Shadrack	Jinjersnapp	C
Candy	Barbo	Piero	C
Diane	Merz	Tamanni	C
Peggy	Pasillas	Remy	C
Border Boogie - 5/21/16 - 50 mi End HW			
Barry	Saylor	MD Colorful Touch	1
Sheryl	O'Brien	Wild River Sundancer	2
Jen	Moore	Sidney Rain	3
Edward	Hauser	Stevie Ray	P
Bethany	Borchert	Dun Adoby Fox	P

Border Boogie - 5/21/16 - 50 mi End Jr			
Cassidy	Wiethoff	Black Jack	1
Emma	Christopherson	Misty	P
Border Boogie - 5/21/16 - 50 mi End LW			
Linda	Jacobson	Majer Ridge Scarlet Debut	1
Lori	Windows	Ella N Fires Jane Doe	1
Michelle	Seaman	Me Encanta Dinero	2
Kelly	Kennedy	Brielle	3
Katie	Bachhuber	JG Sammy	4
Janell	Thompson	BA Mikeera Bey	5
Scott	Campbell	JG Kings Major	6
Roxi	Welling	Potoriah	C
Cassandra	Roberts	Djetts Favorite	C
Eileen	Kirsch	Sabins Scooter	C
Teresa	Fett	CR Mistiraaz	C
Suzanne	Warren	PPF Geyms Sonsy	C
Roberta	Grieger Nimmo	A Kings Delivery	C
Sarah	Maass	Royal Opus	C
Dana	Gasner	Royal Ajax	C
Nancy	Salazar	Nebulucnt	C
Angie	Mikkelson	BAS Alada Bask	C
Jodi	Johannessen	PR Bay Muscrana	P
Chip	Jack	WF Everlasting	P
Grace	Steffl	My Name Is Bob	P
Border Boogie - 5/21/16 - 25 mi LD Sr			
Allie	Jones Kern	AFA Sadat	1
Ann	Anderson	Jets TAHR Mindy	2
Charlotte	Tuhy	Raffimas Image	3
TJ	Edwards	Miss Molly Mule	4
Beth	Potter	Hope	5
Bonnie	Mielke	OLA Loki	6
Paula	Goligowski	Little Bay	C
Lynda	Zimmerman	Lluvia del Norte	C
Janet	Sarver	Iron Lady Hawk	C
Jan	Sasena	Caduceus Oriana	C
Bobbi	Belz	Duke	C
Julia	Newton	Lucca	C
Kristen	Sequin	Mmona Lisa	C
Crystal	Payment	KJ Sterling Psylver	C
Walter	Benhardus	Lacey	C
Tony	Thompson	Jo Magnum YT	C
Makyah	Sequin	SF Silver Dragon	C
Lindsay	Jackson Nichols	A Grey Lady	C
Border Boogie - 5/22/16 - 25 mi Comp HW			
Ed	Barbo	Psyche On Fire	1
Sheryl	O'Brien	CRF Lady Supreme	2

All equestrians, if they last long enough, learn that riding in whatever form is a lifelong sport and art, an endeavor that is both familiar and new every time you take the horse out of his stall or pasture. Jane Smiley

<b>Border Boogie - 5/22/16 - 25 mi Comp LW</b>			
Jan	Rivard	Jewell	1
Ruth	Casserly	Auran HarleyDvdsn	2
Natalie	Mink	Bint Lhalla	2
Holly	Egerer	Zippy's Ace of Diamonds	2
Linda	Jacobson	Chub Lake Jack Daniel	5
Debra L	Juettner	Rena	6
Colleen	Morgan	Joke Son U	C
Linda	Goddard	Cymba	C
Candy	Barbo	Piero	C
Suzanne	Warren	CR Zohlaraaz	C
Jodi	Johannessen	Bombay Ice	C
<b>Border Boogie - 5/22/16 - 25 mi LD Jr</b>			
Adin	Esqueda	Bullet	1
Payden	Nichols		2
Makyah	Sequin	SF Silver Dragon	3
<b>Border Boogie - 5/22/16 - 25 mi LD Sr</b>			
Alli	Jones Kern	AFA Sadat	1
Bobbi	Belz	Duke	2
Teresa	Fett	CR Eastir Lyllee	3
Mary	Lambert	Psyches Amore	4
Julia	Newton	Lucca	5
Bonnie	Mielke	OLA Loki	6
Ann	Anderson	Midnite	C
Kelly	Kennedy	Lily Creek Dakota	C
Michelle	Seaman	Damoots	C
Paula	Goligowski	Willie Winchester	C
Lynda	Zimmerman	HDR Petrolero de Nevado	C
Lindsay	Jackson - Nichols	Spirit	C
Kristen	Seguin	Mmona Lisa	C
Crystal	Payment	KJ Sterling Psylver	C
Crystal	Esqueda	Lopin' in Diamonds	C
Charlotte	Tuhy	Thunder	C
TJ	Edwards	Miss Molly Mule	P
Scott	Campbell	Jedwab	P
Leslie	Lloyd	Spot	P



<b>AHDRAs Endure - 6/3/16 - 25 mi Comp HW</b>			
Sarah	Mowrer	A Time To Shine	1
Joshua	Mowrer	KW Magnum Archie	2
Jon	Davidson	EAF Sweet Clementine	3
Vicki	Wright	TJ	P
<b>AHDRAs Endure - 6/3/16 - 25 mi Comp LW</b>			
Laura	Husser	CDWD Margarita	1
Lori	Windows	Mahrtina	2
Nicole	Mauser-Storer	HS Wineglass Pik George	3
<b>AHDRAs Endure - 6/3/16 - 50 mi End HW</b>			
Marge	Dixon	Kenlyn Intrigue	1
Kathy	Torgesen	Jasmine	2
Robin	Schadt	Kayheart	3
Deb	Searle	Sultann Sundance	4
<b>AHDRAs Endure - 6/3/16 - 50 mi End LW</b>			
Brooke	Thibeault	Apache	1
Olivia	Rudolphi	H. WineGlass Syrah	2
Cassandra	Roberts	Potoriah	3
Roxy	Welling	TA Barn Dance	4
Belinda	Cook	BF Four by Four	5
Tracy	Raush	Dallas Esmak Hazimz	P
Roberta	Harms	Lady Jane	P
<b>AHDRAs Endure - 6/3/16 - 25 mi LD Sr</b>			
Jean	Allen	Walor AF	1
Frank	Langholf	BZ Sierra Sunrise	2
Sherry	Aune	Cabernet Sauvignon	3
Ruth	Casserly	Auran HarleyDvdsn	4
Jim	Andriakos (Rookie)	WBNelsons Thunderbyrd	5
Lucy	Stafford	Autumn Maverick	6
Joe	Midori	Wineglass Sangria	C
Jeanine	Palmer	BZ Seattle	C
Jen	Allen	WMA Shadrach	C
Julie	Jackson	Vertanzio	C
<b>AHDRAs Endure - 6/4/16 - 25 mi Comp HW</b>			
Jim	Andriakos (Rookie)	CR Cosmic Eclipse	1
Kaylie	Ramsey (Hulsey)	Lilly	2
Linda	Mowrer	Rasuli The Magnificent	3
<b>AHDRAs Endure - 6/4/16 - 25 mi Comp Jr</b>			
Cammile	Gaspard	Velvet's Hard Rock	1
<b>AHDRAs Endure - 6/4/16 - 25 mi Comp LW</b>			
Laura	Husser	CDWD Margarita	P
<b>AHDRAs Endure - 6/4/16 - 13 mi Drive</b>			
Rosie	Ring	Pilgrim	1
<b>AHDRAs Endure - 6/4/16 - 25 mi Drive</b>			
Tim	Casserly	Auran HarleyDvdsn/Amir Sam	1
Aaron	Mowrer	Arazi	2
Alice	Hubert	K-Macaroni	3
Ray	Hubert	Lone Oak	4
<b>AHDRAs Endure - 6/4/16 - 50 mi End Jr</b>			
Summer	Stahl	Zip Like an Egyptian	P
<b>AHDRAs Endure - 6/4/16 - 50 mi End LW</b>			
Lori	Windows	Ella N Fires Jane Doe	1
Lisa	Docter	HS Kiger Danielle	2
Jan	Worthington	Mistu Bonded in Gold	P
Brooke	Thibeault	Apache	P

AHDRAs Endure - 6/4/16 - 25 mi LD Sr			
Kathy	Torgesen	Jasmine	1
Joanna	Mosley	DB Fatima	2
Olivia	Rudolphi	WineGlass Vixen	3
Laurie	Durbin	Pocos Prairie Princess	4
Laura	Marshall	Hildago	5
Angela	Stahl	SR Ebony Syraff	6
Sherry	Aune	Cabaret Angel Eyes	C
Ruth	Casserly	Auran HarleyDvdsn	C
Jean	Allen	Walor AF	C
Vera	Betzelberger	Starr Quest	C
Amy	Betzelberger	Lexus	C

AHDRAs Endure - 6/4/16 - 13 mi Novice			
Brad	Power	WineGlass Debonair	1
Constance	Markham	Madigaa's Mishaal	2
Kay	Frior	SA Te Jat	3
Kim	Lindquist	Beau	4
Ruth	Blyth	Stars Taboo	5
Julie	Jackson	Ace	MO
Nicole	Mauser-Storer	Peso	MO
Linda	Rudolphi	WineGlass Dora	MO

AHDRAs Endure - 6/5/16 - 25 mi Comp HW			
Deb	Searle	WOA Ravens Premier +/	1
Kaylie	Ramsey (Hulsey)	Lilly	2
Lori	Windows	JA Bannarr	1
Kim	Rumpsa	R Secret Decoration	2

AHDRAs Endure - 6/5/16 - 13 mil Drive			
Tim	Casserly	Auran HarleyDvdsn/Amir Sam PMR	1
Alice	Hubert	K-Macaroni	2
Ray	Hubert	Lone Oak	3

AHDRAs Endure - 6/5/16 - 25 mi LD Sr			
Roxy	Welling	TA Barn Dance	1
Cassandra	Roberts	Wilma CS	2
Joanna	Mosley	DB Fatima	3
Lucy	Stafford	Autumn Maverick	4
Olivia	Rudolphi	WineGlass Dora	5
Ruth	Casserly	Auran HarleyDvdsn	6
Sarah	Mowrer	JM Cest La Vie	C
Laurie	Durbin	Pocos Prairie Princess	C
Nicole	Mauser-Storer	Sosas Playboy at Sonset	C
Julie	Jackson	Vertanzio	C
Kimberly	Rosecrans	Dale	C
Jan	Worthington	Valentine Cookie LTD	C
Laura	Marshall	JG Rusty	C
Michaela	Costello	AC Mustang Sally	P
Rachael	Garrett	Chief	P
Sherry	Aune	Cabernet Sauvignon	P
Ruth	Blyth	Stars Taboo	P

AHDRAs Endure - 6/5/16 - 13 mi Novice			
Kay	Frior	SA Te Jat	1
Kim	Lindquist	Beau	2
Linda	Rudolphi	WineGlass Vixen	MO

Maplewood - 6/4/16 - 50 End HW			
Sheryl	O'Brien	Wild River Sundancer	1
Jennifer	Fischer	Auli Sabah	2
Gary	McCoy	Rushcreek Melody	3
Bethany	Borchert	Dun Adoby Fox	P

Maplewood - 6/4/16 - 50 End LW			
Suzanne	Warren	PPF Geyms Sonsy	1
Sandra	Fett	CR Mistiraaz	2
Paula	Goligowski	Little Bay	3

Maplewood - 6/4/2016 - 25 LD Sr			
Jodi	Johannessen	Denndi Moore	1
Joel	Hildebrandt	Chazzy	2
Charlotte	Tuhy	Raffimas Image	3
Ann	Anderson	Jets TAHR Mindy	4
Jason	Nicol	Fortunette Echo	5
Leslie	Lloyd	Spot	6
Crystal	Esqueda	Spirit	C
Michelle	Splonkowski	Rocky	C
Jackie	Erickson	SN Aladdin Abu	C
Amanda	Brandt	Sahara	C
Lynda	Zimmerman	Lluvia del Norte	C
Lynne	Triplett-Benson	Niso	C
Robin	Billman	Doc Holiday	C
Sandy	Sorenson	Allesandra	C
Crystal	Payment	KJ Sterling Psylver	C
Bonnie	Mielke	OLA Loki	PULL

Maplewood - 6/4/16 - 25 LD Jr			
Adin	Esqueda	Bullet	1

Maplewood - 6/4/16 - 25 Comp HW			
Ed	Barbo	Psyche on Fire	1
Joan	Thiel	A Ryske Encounter	2
Carmen	Steuck	Phoenix	3

Maplewood - 6/4/16 - 25 Comp LW			
Peggy	Pasillas	Remy	1
Lynn	Reichert	CR Raazberry Dreme	2
Bev	Specht	JH Arabalest	3
Candy	Barbo	Piero	4
Diane	Merz	Tamanni BLM	5
Colleen	Morgan	SC Cassa Nova	6

Maplewood - 6/5/16 - 25 LD			
Ed	Pudwill	Cola	1
Lynda	Zimmerman	HDR Petrolero de Nevado	2
Jackie	Erickson	SN Aladdin Abu	3
Sarah	Peltier	Rosie the Riveter	4
Ann	Anderson	SH After Midnite	5
Charlotte	Tuhy	Thunder	6
Paula	Goligowski	Willie Winchester	C
Sandra	Fett	SN Shaherrizadd	C
Sharon	Legott	Desert M'Rajah	C

Maplewood - 6/5/16 - 25 Comp LW			
Jodi	Johannessen	Bombay Ice	1
Colleen	Morgan	Joke Son U	2
Victoria	Robison	SC Zhivago	3
Peggy	Pasillas	Remy	4
Diane	Schermerhorn	High Ole Matilda	5



6/11/16 - White River Summer - 25 Comp HW			
Jeanne	Aslakson	Quincey QT	1
Sandra	Wright	LW Raajas Chip	2
Ken	Wright	Samaha Gameela	3
6/11/16 - White River Summer - 25 Comp Jr			
Taylor	Walker	Backstreetstrutter GSA	1
6/11/16 - White River Summer - 25 Comp LW			
Kristen	Wiseman	Idol Fusion	1
Angel	Chmurynski	Tammens Taj	2
Tina	Williams	Sonny	3
Lisa	Moorhouse	Shaheen El Hilal AW	4
Lisa	Germann	Over Brooks Image	5
Michelle	Wegand	Sun Fires Superman	6
Diane	Maxey	LW Constant Sohn	P
6/11/16 - White River Summer - 50 End HW			
Earle	Baxter	Country Hill Cameo Bay	1
Shannon	Weston	Samaha Spirit Dancer	P
Maribel	Paulson	Accomplishyourdreams	P
6/11/16 - White River Summer - 50 End LW			
Linda	Hamrick	RTM First In Line	1
Rebecca	Grams	LW Classic Diamond	2
Deborah	Dwan	Hidden Bonus	3
Diane	Meinders	MS Dasani	P
6/11/16 - White River Summer - 30 LD Jr			
Fallon	Darga	Itaque Jester	1
6/11/16 - White River Summer - 30 LD Sr			
Reg	Potts	Jack	1
Pam	Darga	Ecliptic Azraff	2
Kristi	Isaac	Paige's White Cloud	P
6/12/16 - White River Summer - 25 Comp HW			
Jeanne	Aslakson	Cinbob Go Chief	1
6/12/16 - White River Summer - 25 Comp Jr			
Taylor	Walker	Backstreetstrutter GSA	1
6/12/16 - White River Summer - 25 Comp LW			
Lisa	Germann	Over Brooks Image	1
6/12/16 - White River Summer - 50 End HW			
Earle	Baxter	Ch Velvet	1
Maribel	Paulson	I Am Amazing	1
6/12/16 - White River Summer - 30 LD Sr			
Marcia	Weilbach	Get R Done	1
Kristi	Isaac	Brass Fire CFR	P

6/11/16 - ApDRA - 25 mi Comp HW			
Barb	Gardner	RR Roman Scooter	1
6/11/16 - ApDRA - 25 mi Comp Jr			
Lukas	Dragunas	Khepera Shakreekh	1
6/11/16 - ApDRA - 25 mi Comp LW			
Laura	Husser	CDWD Margarita	1
Tracy	Johnson	MomboNumberFive	2
Maxine	Bernsdorf	CH Shamm Bashire	3
Laura	Savatski	Murphy's Law	4
Melinda	Stewart	McCues Miss Behavin	5
Kim	Rumpsa	R Secret Decoration	6

6/11/16 - ApDRA - 12 mi Drive			
Alice	Hubert	K-Macaroni	1
Jeanne	White	Chessica	2
Ray	Hubert	Lone Oak	3
6/11/16 - ApDRA - 50 mi End HW			
Wes	Elford	Suzie Q	1
Kimberly Ann	Fosler	BZ Cojeseryn Sahar	2
Jen	Moore	Sidney Rain	3
6/11/16 - ApDRA - 50 mi End LW			
Linda	Jacobson	Majer Ridge Scarlet Debut	1
Lori	Windows	Ella N Fires Jane Doe	2
Katie	Bachhuber	JG Sammy	3
Lisa	Docter	HS Kiger Danielle	4
Bettina	Koehn	JBK Nadja	5
Joelle	Verhagen	JBK Zum-Bayou	6
Belinda	Cook	BF Four by Four	C
6/11/16 - ApDRA - 12 mi Novice			
Debby	Stittner	EV Count Valentino	1
Nancy	Rogers	Salina	2
Jenna	Keib	Star	3
Faith	Stenson	Rocky	4
Sara	Arellano	Cammy	5
Kristy	Ide	Storm	6
Karen	Heineman	Sunny	C
Amber	Erickson	Ophelia Kkan	MO
6/11/16 - ApDRA - 50 mi End LW			
Kyle	Baemmert	Missy	1
Anna	Holder	Wyatt's Dire Straits	2
6/11/16 - ApDRA - 25 mi LD Sr			
Eileen	Kirsch	Sabins Scooter	1
Nicole	Mauser-Storer	Peso	2
Martha	Power	SA Te Jat	3
Sherry	Aune	Caberet Angle Eyes	4
Stephanie	Crispin	AllAboutMajestic	5
Jeannine	Palmer	BZ Seattle	6
Kathi	Soukup	TSF Time	C
Carol	Wagner	Tripl Blackburn King	C
Ann	DeLang	Chocolate Martini	C
Jill	Feller	Trouble MHF	C
Donna	Gavin	Hotsprings Fandango	C
Julie	Jackson Biegert	RAL Tornado	C
Jennifer	Prouty	Molly's Georgian Knight	C
Elizabeth	Frieders	UpUp And Away JIF	C
Joshua	Hellman	Mahalaleel Rising	P
Christina	Hyke	Mahalaleels Amazing Faith	P
Laurie	Henschel	Bataania KSR	P
TJ	Edwards	Miss Molly Mule	P
Christopher	Power	WineGlass Debonair	P
Jon	Wagner	Mi Victory Dance	P
6/12/16 - ApDRA - 25 mi Comp HW			
Amber	Erickson	Ophelia Kkan	1
Amber	Hennig	PAA Baylyn Seer	2
Stephanie	Crispin	Mr. Tiggerific Dhream	3
Allison	Goetz	Shadowtrax	4
Nan	Resch	Amberfields Goldwing	5
Teri	Resch	Sierra	6
Ron	Stanley	R Secret Dun	C
6/12/16 - ApDRA - 25 mi Comp Jr			
Kyle	Baemmert	AllAboutMajestic	1
Alice	Erickson	Rushcreek Calia	2

6/12/16 - ApDRA - 25 mi Comp LW			
Lori	Windows	JA Bannarr	1
Laura	Savatski	Murphy's Law	2
Tracy	Johnson	Mombo Number Five	3
Nicole	Mauser-Storer	HS Wineglass Pik George	4
Sally	Hoff	John Henry	5
Linda	Jacobson	Mi Precious Ruby	5
Melinda	Stewart	McCues Miss Behavin	C
Kim	Rumpsa	R Secret Decoration	C
Laura	Husser	CDWD Margarita	P
6/12/16 - ApDRA - 12 mi Drive			
Ray	Hubert	Lone Oak	1
Alice	Hubert	K-Macaroni	2
Jeanne	White	Chessica	3
6/12/16 - ApDRA - 25 mi LD Jr			
Madison	Wagner	Cheyenne	1
6/12/16 - ApDRA - 25 mi LD Sr			
Bonnie	Mielke	OLA Loki	1
Sara	Rudstrom	PSL Lakota Chief	2
Roberta	Harms	EV Count Valentino	3
Elizabeth	Frieders	UpUp And Away JIF	4
Laura	McCormack	Katrina May	5
Carol	Wagner	Tripl Blackburn King	6
Laurie	Henschel	Ebony's Bravo Moon	C
Amanda	Henschel	Bravo's Oopsa Daisy	C
Sherry	Aune	Cabernet Sauvignon	P
6/12/16 - ApDRA - 12 mi Novice			
Michalla	Kaninski	SWS Desert Emher	1
Janet	Harte	Dragon	2
Julie	Jackson Biegert	Ace	MO
Lisa	Docter	HS Kiger Danielle	MO

6/17/15 - SE MN - 30 mi Comp HW			
Carmen	Steuck	Phoenix	C
6/17/15 - SE MN - 30 mi Comp Jr			
Ruby	Filhart	Mattanahs Joker	1
6/17/15 - SE MN - 30 mi Comp LW			
Linda	Jacobson	Chub Lake Jack Daniel	1
Colleen	Morgan	SC Cassa Nova	2
Linda	Goddard	Cymba	3
Peggy	Pasillas	Remy	4
Victoria	Robison	SC Zhivago	5
Ruth	Casserly	Amir Sam PMR	P
Candy	Barbo	Piero	P
Theresa	Meyer	Queen Heartt	P
6/17/15 - SE MN - 60 mi End HW			
Sheryl	O'Brien	Wild River Sundancer	1
Barry	Saylor	MD Colorful Touch	P
6/17/15 - SE MN - 60 mi End LW			
Jen	Moore	Sidney Rain	1
Jodi	Johannessen	Denndi Moore	P

6/17/15 - SE MN - 30 mi LD Jr			
Makyah	Seguin	SF Silver Dragon	1
6/17/15 - SE MN - 30 mi LD Sr			
Elizabeth	Frieders	UpUp And Away JIF	1
Kristen	Sequin	Mmona Lisa	2
Summer	Goligowski	Little Bay	3
Summer	Jakopak	Phantomz Mirazh	4
Janette	Sasena	Caduceus Oriana	P
6/18/15 - SE MN - 30 mi Comp HW			
Ed	Barbo	Psyche On Fire	1
Becki	Sanford	Stryka Major Chord	2
Katja	Wiedrich	Sweet Honey de	3
Brenda	Garrison	Bit A Fad	4
6/18/15 - SE MN - 30 mi Comp LW			
Linda	Jacobson	Mi Precious Ruby	1
Linda	Goddard	Regal Task	1
Jan	Rivard	Jewell	3
Candy	Barbo	Windsor	4
Holly	Egerer	Zippy's Ace of Diamonds	5
6/18/15 - SE MN - 60 mi End LW			
Darlene	Molitor	CR Infinite Pryde	1
Emily	Meyer	Vallies Jazirah	2
Lisa	Docter	HS Kiger Danielle	3
6/18/15 - SE MN - 30 mi LD Jr			
Adin	Esqueda	Bullet	1
Payden	Gray Nichols	Apollos Geym	2
Hannah	Delk	Ames Bayberry	P
6/18/15 - SE MN - 30 mi LD Sr			
Allison	Kern	AFA Sadat	1
Jodi	Johannessen	Bombay Ice	2
Leslie	Lloyd	Spot	3
Colleen	Morgan	Joke Son U	4
Barry	Saylor	Ultra Psuede	5
Suzanne	Warren	Turbolation	6
Kristen	Delk	DH Corbin Ace	C
Elizabeth	Frieders	Hotsprings Fandango	C
Lindsay	Jackson Nichols	Memphis Reuas	C
Chip	Jack	Pride's Southern Gent	C
Angella	Hadrath	Stars Azhar Thunder	C
Jacqueline	Hadrath	Sundance	C
Paula	Goligowski	Willie Winchester	C
6/18/15 - SE MN - 17 mi Novice			
Rachel	Photen	Gracie	1
Heather	Peterson	Jake	2
Melissa	Norton	Guston	3
Tiahna	Flemming	Leeroy	4
Ginny	Sieben	Judge	5
Dede	Barton	Just Aces	6
Tine	Donahue	Nickelette	C

7/2/16 - Endless Valley - 30 mi LD Jr			
Anna	Holder	Above All Grace	1
7/2/16 - Endless Valley - 30 mi LD Sr			
Bonnie	Mielke	OLA Loki	1
Sarah	Rudstrom	PSL Lakota Chief	2
Jean	Allen	Walor AF	3
Elizabeth	Frieders	UpUp And Away JIF	4
Sherry	Aune	Cabaret Angel Eyes	5
Lynda	Zimmerman	Lluvia del Norte	6
Carol	Wagner	Tripl Blackburn King	C
Jill	Feller	Trouble MHF	C
Kimberly	Rosecrans	Magic	C
Jen	Allen	WMA Shadrach	C
Nicole	Mauser-Storer	Peso	P
Martha	Power	SA Te Jat	P
Christopher	Power	WineGlass Debonair	P
7/2/16 - Endless Valley - 30 mi Comp HW			
Barb	Gardner	RR Roman Scooter	1
Andrea	Pfeifer	Nite Tripper	2
Amber	Erickson	Ophelia Kkan	2
Allison	Goetz	Shadowtrax	4
Sarah	Mowrer	A Time To Shine	5
Joshua	Mowrer	KW Magnum Archie	6
7/2/16 - Endless Valley - 30 mi Comp Jr			
Alice	Erickson	Rushcreek Calia	1
Elyssia	Perez	Aladda Rodania	2
Haley	Elliott	Ashe	3
Lorelai	Haase	Sky	4
7/2/16 - Endless Valley - 30 mi Comp LW			
Maxine	Bernsdorf	CH Shamm Bashire	1
Ruth	Casserly	Amir Sam PMR	2
Melinda	Stewart	McCues Miss Behavin	3
Susan	Grossenbacher	NW Otono Blue Sky	4
Sally	Hoff	John Henry	5
Cathy Jo	Schreiber	JT	6
Nancy	Rogers	SP Miss Sassafrasst	C
Laura	Savatski	Murphy's Law	C
Lynn	Haase	Fuzz	P
Victoria	Robison	FC Zhivago	P
7/2/16 - Endless Valley - 50 mi End HW			
Wes	Elford	Suzie Q	1
Kathi	Soukup	TSF Time	2
Frank	Langholf	BZ Sierra Sunrise	3
Stephanie	Crispin	AllAboutMajestic	4
Jen	Moore	Sidney Rain	5
Peter	Dordal	Amaz'n Grace	P
7/2/16 - Endless Valley - 50 mi End Jr			
Kyle	Baemmert	Missy	1
Ainsley	Suskey	RFR The Icebaby	P

**If you are fearful, a horse will back off. If you are calm and confident, it will come forward. For those who are often flattered or feared, the horse can be a welcome mirror of the best in human nature. Clare Balding**

7/2/16 - Endless Valley - 50 mi End LW			
Scott	Campbell	JG One And Only	1
Olivia	Rudolphi	H. WineGlass Syrah	2
Lori	Windows	Ella N Fires Jane Doe	3
Katie	Bachhuber	JG Sammy	4
Lisa	Docter	HS Kiger Danielle	5
Jan	Worthington	Mistu Bonded in Gold	6
Laura	Marshall	JG Rusty	C
Bettina	Koehn	JBK Nadja	C
Pam	Cotton	SRB Reno Lytes	C
Diane	Hawthorne	MD Virgo3	C
Dawn	Keast	Californiadreamon	C
Sheila	Schneider	Gypsy B Miss Behavin	C
Eileen	Kirsch	Sabins Scooter	P
Julie	Jackson Biegert	Princess Deelites MHF	P
7/2/16 - Endless Valley - 30 mi Comp HW			
Amber	Hennig	PAA Baylyn Seer	1
Stephanie	Crispin	Mr Tiggerific Dhream	2
7/2/16 - Endless Valley - 30 mi Comp Jr			
Kyle	Baemmert	Valentine Cookie LTD	1
7/2/16 - Endless Valley - 30 mi Comp LW			
Tracy	Johnson	Mombo Number Five	1
Jeanne	Crispin	Tioga Peak	2
Melinda	Stewart	McCues Miss Behavin	3
Nicole	Mauser-Storer	HS Wineglass Pik George	4
Lori	Windows	JA Bannarr	5
Ruth	Casserly	Amir Sam PMR	6
7/2/16 - Endless Valley - 50 mi End HW			
Guy	Worthington	PA Hi-Spirit	1
Kathi	Soukup	GSF Frankie	2
7/2/16 - Endless Valley - 50 mi End LW			
Jan	Worthington	Golden Lightning	1
Laura	Marshall	Dimitri	2
Sheila	Schneider	Gypsy B Miss Behavin	3
Scott	Campbell	Jedwab	P
7/2/16 - Endless Valley - 30 mi LD Sr			
Roberta	Harms	EV Count Valentino	1
Elizabeth	Frieders	UpUp And Away JIF	2
Olivia	Rudolphi	WineGlass Vixen	3
Linda	Rudolphi	WineGlass Dora	4
Lynda	Zimmerman	HDR Petrolero de Nevado	5
Laurie	Durbin	Dimitri	6
Jeannine	Palmer	BZ Seattle	P
Julie	Jackson Biegert	Vertanzio	P
Andrea	Pfeifer	Nite Tripper	P





6/25/16 - Dead Dog - 30 mi Comp Jr			
Haley	Elliott	Zephyrus TF	1
6/25/16 - Dead Dog - 30 mi Comp LW			
Nicole	Mauser-Storer	HS Wineglass Pik George	1
Kim	Rumpsa	R Secret Decoration	2
6/25/16 - Dead Dog - 50 mi End HW			
Keith	Kibler	Southern Honey	1
Gabriele	Hoffmann	Silver's White Diamond	2
Craig	Rausch	AMF Renoir Memphis	3
6/25/16 - Dead Dog - 50 mi End LW			
Lori	Windows	Ella N Fires Jane Doe	1
Katherine	King	Chant SF	2
Belinda	Cook	BF Four by Four	3
Ruth	Casserly	Auran HarleyDvdsn	4
Brooke	Thibeault	Apache	P
6/25/16 - Dead Dog - 30 mi LD Jr			
Lydia	King	Ginger	P
6/25/16 - Dead Dog - 30 mi LD Sr			
Kimberly	Rosecrans	Magic	1
Trudy	Horsman	RSR Sarah's Lilly	2
Tracey	Roush	Dallas	P
Darrick	King	Pippin	P
6/26/16 - Dead Dog - 30 mi Comp HW			
Sarah	Mowrer	A Time To Shine	1
6/26/16 - Dead Dog - 30 mi Comp LW			
Lori	Windows	Mahrtina	
Kim	Rumpsa	R Secret Decoration	
6/26/16 - Dead Dog - 50 mi End LW			
Katherine	King	Chant SF	1
6/26/16 - Dead Dog - 30 mi LD Sr			
Olivia	Rudolphi	WineGlass Vixen	1
Linda	Rudolphi	WineGlass Dora	2
Nicole	Mauser-Storer	Sosas Playboy at Sunset	3



6/25/16 - Grand Island North - 30 mi Comp HW			
Jeanne	Aslakson	Quincey QT	1
Jeanne	Aslakson	Cinbob Go Chief	1
Deb	Searle	WOA Ravens Premier +/	2
Deb	Searle	WOA Ravens Premier +/	2
Amber	Erickson	Ophelia Kkan	3
Jennifer	Shooshanian	Bit of Mystery	4

6/25/16 - Grand Island North - 30 mi Comp Jr			
Alice	Erickson	Rushcreek Calia	1
Abigall	Bookie	Party Party	2
Elyssia	Perez	Aladda Rodania	3
Lorelai	Haase	Sky	4
Fianna	Gruebner	PR Miss Marianne	5
6/25/16 - Grand Island North - 30 mi Comp LW			
Jessica	Gruebner	JR Perseus	1
Diane	Meinders	MS Dasani	1
Lynn	Haase	Fuzz	2
Tina	Williams	Sonny	3
Melinda	Nagy	Bravehart of Victory	4
6/25/16 - Grand Island North - 55 mi End HW			
Cassandra	Green	Tryllerika	1
6/25/16 - Grand Island North - 55 mi End LW			
Linda	Hamrick	RTM First In Line	1
Roberta	Harms	Lady Jane	2
Diane	Meinders	Bears Northern Light	3
Rebecca	Grams	Shatto's Sir Lance Lot	4
Kathleen	Niedzielski	HD Indy	5
Lisa	Germann	Over Brooks Image	6
Taylor	Walker	Backstreetstrutter GSA	C
Andrea S.	Redman	Lu-Nor Nykabey	C
Barb	Kurti	Kulta	C
Joyce	Mocilan	Psyreal	C
6/25/16 - Grand Island North - 30 mi LD Jr			
Anna	Holder	Above All Grace	1
6/25/16 - Grand Island North - 30 mi LD Sr			
Karen	Bahrman	Prada SF	1
Julia	Newton	Lucca	1
Bonnie	Mielke	OLA Loki	2
Angel	Chmurynski	Yankee Zarr	2
Pam	Cotton	MRK Annie Oakley	3
Karen	Bahrman	Prada SF	3

## Heat Stress: Too Hot to Trot?

**Jenifer Nadeau, M.S., Ph.D Associate Professor, Equine Extension Specialist Department of Animal Science** Department of Animal Science, University of Connecticut

During hot summer weather, heat should be a concern for horse owners. Horse owners need to provide extra care during hot weather to decrease stress and maintain the health and well-being of their horses.

Normally, the horse cools itself by sweating. Heat is lost and the body cools as sweat evaporates from the skin's surface. Less moisture evaporation occurs in times of high humidity, causing the cooling mechanism to become less efficient.

Some horses are anhydrotic, meaning they have little or no ability to produce sweat. These horses are prime candidates for heat stress. Below is a table that will help horse owners determine when it is too hot to work a horse. If humidity is more than 75%, heat stress is a likely result due to inability to sweat regardless of ambient temperature.

Ambient (outside temperature) + relative humidity (° F)	Horse's efficiency of cooling
Less than 130	Most effective
130 - 150	Decreases
150 - 180	Greatly decreased
Greater than 180	Conditions could be fatal if horse is stressed

Common terms for horse overheating include hyperthermia, heat exhaustion, heat cramps, heatstroke or sunstroke. Explanations of the signs associated with each are listed below:

- Hyperthermia or overheating in the horse is due to a disturbance in the heat regulating mechanism of the horse's body that can result from hot weather, high humidity, poor stable ventilation, prolonged exposure to direct sunlight, excessive work, transportation, or obesity. Some signs of overheating include muscle tremors, profuse sweating, collapse, dark urine, dull expression and behavior, dark mucous membranes, and slow capillary refill.
- Heat exhaustion will cause the horse's temperature to rise to 105-109° F, the pulse rate to rise to 50 to 100 beats per minute, and the respiration rate to rise to more than 30 breaths per minute. Normal vital signs of the horse include a temperature of 99.5 – 101.5° F, pulse rate of 28-44 beats per minute, and a respiration rate of 8-20 breaths per minute.
- Heat cramps are most commonly found in horses that are sweating profusely while doing hard work in intense heat. Signs of heat cramps include spasms of the abdomen and/or legs, muscle twitching and cramping of the muscles. These occur due to a loss of electrolytes (i.e. severe salt loss).
- Heatstroke or sunstroke is more serious. Horses undergoing prolonged hard or fast work during hot weather, horses exposed to direct sunlight without shade, young, poorly conditioned horses,

and horses with long hair coats are susceptible to heatstroke or sunstroke. Signs of heatstroke or sunstroke are rapid breathing, weakness, incoordination, and refusal to work. Body temperature can increase to 106–110° F, sweating stops, and the skin dries.

Prolonged exposure to high temperatures also results in dilation of surface blood vessels. When dilation occurs without an increase in blood volume, circulatory collapse, delirium, and convulsions may also occur. Death can occur within a few hours if the horse is not cooled and does not receive emergency veterinary care. Treatments for these conditions include:

- For heat exhaustion and heatstroke, the horse should be sprayed with cool water and moved to a shady area or cool, well-ventilated barn.
- For heatstroke, ice packs should be placed on the horse's head and large blood vessels on the inside of its legs.
- For heat cramps, the horse should be cooled, rubbed down, and given electrolytes. For overheating the horse owner should use fans, allow the horse to have a few swallows of cool, clean, fresh water every few minutes, and call a veterinarian because the horse may need to receive intravenous administration of fluids. Ideally, overheating would not occur in the first place.

Prevention of overheating includes:

- removing blankets or sheets from stabled horses during extreme heat
- clipping horses with long hair
- providing adequate ventilation in stables
- using fans in barns or stalls
- sprinkling the aisle of the barn with water to aid in cooling in areas of low humidity
- providing shade for all outside horses
- consider feeding fat as an energy source. One study examined the effect of feeding 10% corn oil (a fat source) and 3% soybean meal instead of 13% of the cracked corn ration in the control diet. Using fat as an energy source produces less metabolic heat for the energy produced when compared to carbohydrate as the energy source. This results in the horse having less heat to dissipate.
- replace lost electrolytes after physical exertion, since sodium, potassium, calcium and chlorine are lost in the urine and sweat. Loss of

electrolytes can lead to metabolic problems, a decrease in the thirst response, and loss of interest in eating and drinking. A simple source of these electrolytes is feeding a 2-ounce mixture of 3 parts lite salt (potassium chloride), and 1 part limestone on a daily basis. This is also a good source of sodium.

- providing plenty of clean, fresh water. At 0° F, the horse will drink about 1 pint of water per pound of dry feed consumed and this increases to 1 gallon of water per pound of dry feed consumed at 100° F

- properly conditioning horses

- limiting strenuous riding to late evenings or early mornings when the temperature is lower and following the guidelines above

- walking a hot horse which protects against placing a horse in an area void of airflow where sweat will not undergo convection and evaporation

- transporting horses at cool times of the day and providing them with adequate ventilation in the trailer

- using the skin pinch test to determine if a horse is properly hydrated.

To do this, a section of skin on the neck or shoulder is pinched. The skin should recoil in 1-2 seconds in a normally hydrated horse. A delay indicates some dehydration.

Four common myths have also been found in previous equine publications. Each of these misconceptions prevents the overheated horse from cooling off properly. They are:

1) “Never let a horse drink more than one or two swallows of water at a time.” This comes from the belief that allowing a hot horse to consume unrestricted amounts of water may lead to problems such as colic due to hyperdistension of the stomach. However, a horse’s stomach can hold between 2 and 4 gallons of fluid without being distended, so one or two sips of water at a time is overly restrictive when the hot horse is rapidly losing water and trying to keep itself cool. The horse should therefore be allowed to have a few swallows of cool, clean, fresh water every few minutes.

2) “Never give ice-cold water to a hot horse either inside or out.” The second myth has been the source of controversy over the years because people believed that ice cold water placed on a

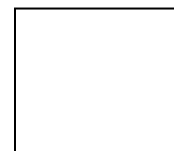
hot horse’s body will “shock” the horse’s thermoregulatory system into shutting down blood flow to the skin. This belief has been found to be incorrect based on extensive research conducted during 1995 at the University of Illinois and University of Guelph, and at the 1996 Olympic Summer Games in Atlanta. Researchers proved conclusively that horses working under hot and humid conditions were better able to maintain, or even reduce, core body temperature. Furthermore, after intense exercise, ice water baths caused a decline in heart rate during rest periods when used. Horses were also observed trotting more freely after the baths. Application of cold water to the overheated horses helped to dissipate heat by providing more water to evaporate from the skin, and by direct conduction of the horse’s body heat into the water that runs off the horse, carrying excess heat with it.

3) “Never let a hot horse cool out without a blanket or sheet.” Many people cool out the horse by placing a sheet or blanket on the horse while walking it. Inhibiting the evaporation of water from the skin by using a blanket or sheet is not recommended in hot and humid conditions.

4) “Never let a hot horse cool out in a drafty area.” This comes from the belief that a draft will make the horse susceptible to a “chill”. However, restricting access to moving air during hot and humid conditions makes little sense. Fans work to increase evaporation and dissipate heat by the cooling process known as convection. Misting fans take advantage of the additional cooling property of blowing water onto the horse when its sweat is changing phase from liquid to gas. Horse owners are capable of preventing overheating. Know how to recognize the signs of overheating and what to do when overheating occur. Be aware of the myths regarding overheating treatments and share correct information with others.

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